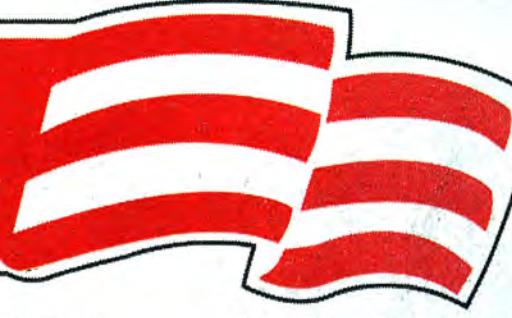


ESSAYONS

"LET US TRY"



Volume 10 Number 19

Published in the interest of the personnel at Fort Leonard Wood, Missouri

Thursday, May 15, 1997

PAT Answers

Parents As Teachers class graduates, sending children on to kindergarten with new development skills.

See page 1B.



BRIEFS

MSO starts today

Some 1,600 athletes will arrive here today to compete in the Missouri Special Olympics.

Opening ceremonies will commence today at 6:15 p.m. at Gerlach Field with the lighting of the Olympic flame and a demonstration by the Army's precision skydiving team, the Golden Knights. Organizers ask that visitors drive south on Constitution Avenue and park on Gammon Field. Military police will be on the scene to direct traffic.

Friday at 8 a.m. competition will resume and continue until 4 p.m. The contests begin again Saturday at 8 a.m., with closing ceremonies set for 9:45 a.m. at Gerlach Field.

All track and field events will be held at Gerlach Field. The Davidson Fitness Center will be the site for all aquatic events and gymnastics events will be held at the Dru L. Pipkin Youth Center.

All events are open to the public free of charge.

Congressional group gets training briefing

Delegates of the House National Security Committee met here Friday to receive briefings on allegations of sexual misconduct at Fort Leonard Wood.

The delegation also met with trainees, drill sergeants, company commanders and victim support personnel. However, victims and witnesses were excluded to prevent compromising ongoing investigations.

Delegates included Reps. Ike Skelton, D-Mo., Steve Buyer, R-Ind., Gene Taylor, D-Miss., Tillie Fowler, R-Fla., Jane Harman, D-Calif., and Rosco Bartlett, R-Md.

"It is critical for our understanding of this complex issue that we actually visit with commanders, senior enlisted members, drill sergeants and trainees at the training sites and military installations," said Buyer.

"I would like to emphasize that the great majority of people in the Army -- including drill sergeants -- work very hard every day, and take their motto of 'duty, honor, country' very seriously," said Fowler.

Asian Pacific Islander dinner set for May 30

The Fort Leonard Wood Equal Opportunity Office and the Special Emphasis Program is sponsoring an Asian Pacific Islander potluck dinner May 30. The event will be held at Nutter Field House from 5 to 8 p.m. Entertainment is being provided by local Asian Pacific Islander groups.

The event is free and open to the public. For more information, call 563-7587.

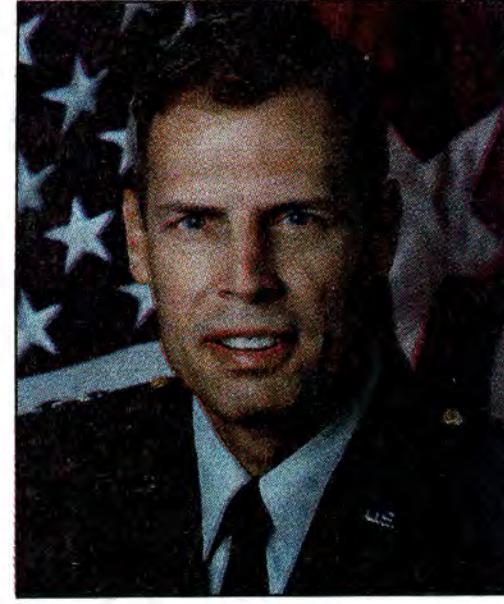
Cadets to train here

Fort Leonard Wood will be training more than just initial entry soldiers this

See BRIEFS, page 7A

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Gill

In memoriam

Soldier Service Center dedicated to engineer hero

Friends, family and soldiers gathered outside Building 470 here Wednesday to honor a fallen engineer. Yesterday's ceremony memorialized Maj. Gen. John Dillard Jr., officially dubbing the Soldier Service Center as Dillard Hall.

During the memorialization ceremony, Maj. Gen. Clair Gill, post commander, said, "He gave the ultimate sacrifice to our fellow comrades in arms."

It is fitting to name the Soldier Service Center after someone who served soldiers, said Phil Hall, building manager.

"Dillard served soldiers by giving his life for his country as a soldier. It is right to name a building after someone who did that," continued Hall.

When the Soldier Service Center opened in January 1996, more than 20 buildings were vacated, their residents moving into the new facility, explained Hall. The facility offers many services, including in and out processing, permanent and temporary housing assignments, transportation arraignments and financial services.

The Soldier Service Center has one single goal in mind, said Hall — "To offer the best possible service to the soldier member and

his/her family members in a centralized location. Dillard Hall is the proud accomplishment of this goal."

Although Dillard was never stationed at Fort Leonard Wood, he was an engineer who served his country until his death in 1970.

During his career Dillard served in many capacities. He served as a tank and combat engineer platoon leader and company commander with the 14th Armored Division during World War II. He was battalion commander with the 25th Infantry Division during the Korean conflict. He earned numerous awards and citations, including the Distinguished Service Medal, the Legion of Merit, the Bronze Star for valor, the Purple Heart and the Air Medal.

Dillard was often quoted as saying, "I am a soldier first, yet in my heart, an engineer always."

Dillard was killed in action while serving in Vietnam as the commander of the United States Army Engineer Command.

Dillard's son, John Dillard III, also spoke emotionally at the ceremony. He recalled his mother burying his father with one of his beloved engineer castles.

"His lovely Army and the corps was his life," said the tearful son.

Stand Up for Safety Day opens summer holiday season

Day's events include fair, game show, demonstrations

By Elaine Jubar
ESSAYONS Staff

Fort Leonard Wood will hold its annual Stand Up for Safety Day Thursday.

The event is held the Thursday before Memorial Day Weekend for two reasons, say post safety officials. First, this is the traditional start of the summer holiday season.

Safety Day highlights

Deputy commanding general's Safety Day speech: Brig. Gen. Anders Aadland shares his safety philosophy and focuses on several major causes of accidents occurring to our Fort Leonard Wood personnel. This speech promises to be informative and interesting.

Guest speaker: Sgt. Terry Moore, Missouri Highway Patrol, discusses important aspects of safe driving. Moore has been Troop D's public information and education officer since 1995. He is regularly seen on television reports and seat belt commercials. He was appointed to the Highway Patrol in 1977.

Safety Day game show: Warren Krech, popular host of KJMO's "Krech in the Morning" show, host's this year's show. Three contestants from post compete for fun and prizes by answering safety related questions. During the intermission, viewers will have the opportunity to call in and win prizes by answering safety questions. This year's show promises to be full of fun and surprises.

Safety Fair: Everyone, on or off the installation, is invited to visit the dozens of booths, exhibits, demonstrations and other activities at the fair:

□ Meet KJMO's "Krech in the Morning" Warren Krech, who will visit the Safety Fair after the game show.

□ Watch the post fire department use the "Jaws of Life" and other tools to demonstrate a rescue of an injured person from a wrecked

vehicle. Demonstration begins at 1 p.m.

□ See a demonstration of home electrical safety that may someday save your life.

□ Tour a Pulaski County ambulance and the post fire department's high-tech hazardous materials response bus.

□ Visit child safety information booths.

□ See impressive displays of military weapons and unexploded ordnance (dud ammunition and explosive rounds).

□ Learn about how to keep your home and family safe from burglars, how to avoid serious and painful back injuries, how to recognize poisonous snakes and how to recognize illegal drugs and paraphernalia.

□ Receive a free boat safety inspection.

□ Take part in demonstrations of fire extinguisher operations, ergonomics principles, the Seat Belt Convincer, spinal exams conducted by a licensed chiropractor, and many other interactive activities.

These and the many other activities are free to the public. The Davis Club will be selling a wide range of fast food items, both indoors and outdoors.

Invite your friends. Visitors do not have to be affiliated with Fort Leonard Wood.

For more information on the Safety Fair or any other Safety Day activity, call the Safety Office at 563-4024/4025.

For the schedule of Safety Day events,
See page 7A.

Engineer Center, 1992-1993, he was named joint task force engineer for the Joint Task Force in Somalia.

More recently, Flowers was deployed to Bosnia from Jan. 3 to March 17, 1996 as deputy chief of staff for Engineering (Forward), U.S. Army Europe, responsible for U.S. forces construction in the theater of operations. Other assignments include assistant division commander, 2nd Infantry Division (Mechanized), Eighth U.S. Army, Korea, and commander of the 20th Engineer Brigade, (Combat) (Airborne Corps), Fort Bragg, N.C. During Operations Desert Shield and Desert Storm, Flowers led a brigade as an expanded force of 10 battalions.

Dates for the change of command and Gill's departure have yet to be announced.



Flowers

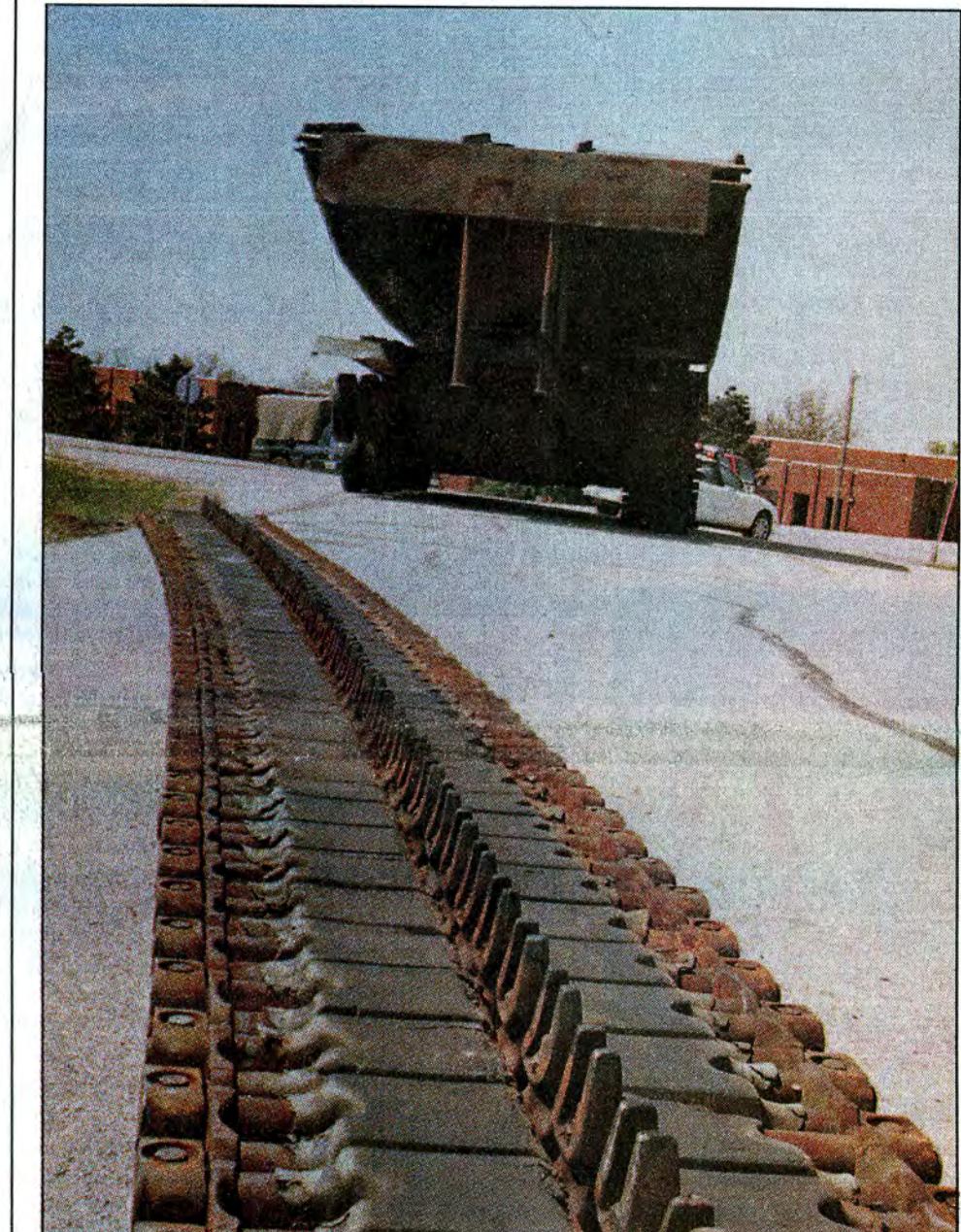


Photo by Steve Brady

Wrong side of the tracks

This Armored Vehicle Launched Bridge lost a track Friday as workers moved it from the Engineer Museum. Construction at the museum forced the temporary relocation of the vehicle, which will be returned after work is completed.

Till we meet again

Drill sergeant, trainee meet up here once more, with one slight difference

By Betty Thompson
ESSAYONS Staff

Reenlistment ceremonies run the gamut from the standard to the silly to the scary. Sometimes it seems that for every person who takes the oath in a normal setting, there is someone else who wants to reenlist standing on the roof or hanging from a rappelling tower.

Once in a while, though, a reenlistment does strike a unique note. How often does a basic training drill sergeant take the oath from a former private? One of Fort Leonard Wood's basic training drill sergeants took the oath May 6, administered by a soldier he once guided through basic training.

Sgt. 1st Class Melvin Johnson chose 2nd Lt. Christine Tisa as his reenlistment officer. Tisa was Johnson's former trainee and platoon guide during his first cycle as drill sergeant here.

Tisa was a split-option trainee who did her basic training in the summer of 1994. She was a contracted Reserve Officer Training Corps cadet and voluntarily trained the summer after her sophomore year at Bucknell University in Lewisburg, Penn.

Tisa describes her trainer as she remembers him.

"He was tough, disciplined but fair,"



Photo by Betty Thompson
Tisa (left) and Johnson after the ceremony.

said Tisa. "He was my first example of what an NCO should be."

Tisa admits that after basic training she did not want to return here. However, she decided to come back after learning about the engineer branch. Tisa is currently a student in the engineer officer basic course and is scheduled to graduate June 2.

Johnson also describes Tisa when she was his trainee.

"She was a squared away soldier — very mature," said Johnson, who is honored to see Tisa again but this time as an officer.

Johnson's five-year reenlistment will take him to Hawaii and end his three years on the "trail" on May 31. Tisa will return to the 770th Engineer Company (Construction Support) in Lewisburg and plans to pursue a master's degree in education.

VIEWPOINT

As a military member, what do you appreciate most about your spouse?

By Betty Thompson



Her ability to adapt to every situation is overwhelming. I love her to death.

EO1 John Weldin
Navy Detachment

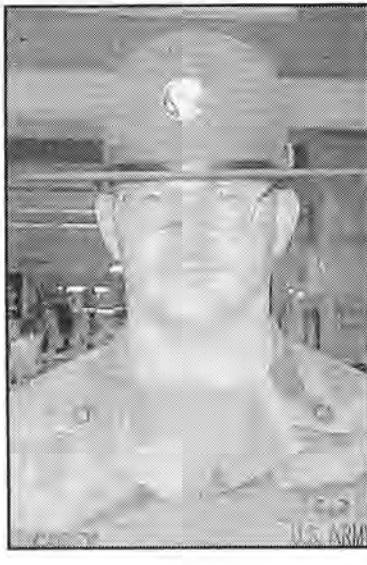
His support in everything that I do.

Sgt. 1st Class Sylvia Combs
58th Transportation Battalion



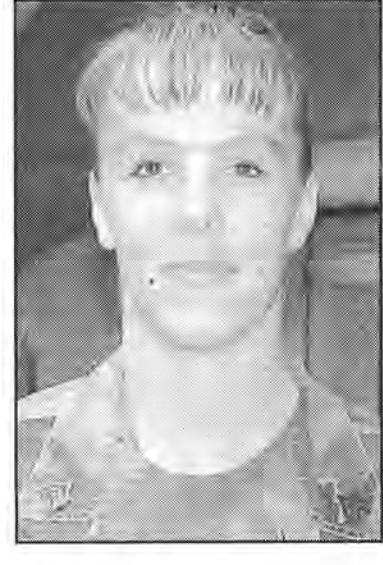
She supports my career and takes care of our family.

Sgt. 1st Class Jeffrey Carey
35th Engineer Battalion



That he was a military member before, so he understands everything.

Sgt. Jeanette Giffin
Marine Corps Detachment



That she's always been there for the past 15 years, keeping a strong household.

Sgt. 1st Class Rafael Padilla
Sapper Training Detachment



By Linda Kozaryn
American Forces Press Service

Shape, "respond," "prepare" sum up the nation's future defense strategy, William Cohen said May 6.

Speaking at Business Executives for National Security dinner, the defense secretary said DoD officials have devised a three-pronged strategy to defend the national interests today and in the 21st century. It was formulated during the Quadrennial Defense Review due out May 15, he said. While Cohen would not reveal details ahead of the deadline, he talked about the three components of the overall strategy.

DoD plans to "shape" the environment by remaining engaged in world affairs, Cohen said. "We can't simply swing back to a continental cocoon and zip ourselves in and watch the world unfold on CNN. We have to be engaged. We have to be forward deployed."

About 100,000 U.S. forces will remain in the Asia-Pacific region with another 100,000 in Europe. "We intend to shape people's opinion, ... [show] we are a reliable, strong, flexible ally that can be

counted on in times of crisis," he said.

Responding to crises is the second part of the review strategy. DoD will be called upon to respond to humanitarian rescue missions, non-combatant evacuations like that recently conducted in Albania, as well as minor and major conflicts, Cohen said. "We have to have that kind of flexibility; otherwise, we are limited in our capability of responding to these types of threats."

Preparing for the future, the third part of the review strategy, requires streamlining the department and modernizing the force, Cohen said. Each year, about \$15 billion migrates from DoD's modernization account to pay for such contingency operations as peacekeeping in Bosnia, he said.

The department's infrastructure—bases, facilities, depots—is too large, Cohen said. While troop strength has been cut by a third and procurement by two-thirds in the last decade, infrastructure has been cut by only 18 percent. DoD officials say base and depot closures are in store. Choices will be difficult, Cohen said, but necessary.

"We have to ask Congress, 'Should depots remain in government hands in place of

high-technology weapons in soldiers' hands? Do we protect facilities instead of protecting our forces?'"

Further downsizing includes reforming the Office of the Secretary of Defense. Cohen said it is "too big, too bureaucratic." He said he will announce formation of a defense reform task force May 9 to "squeeze a good deal of the fat from the tail that currently is wagging the teeth."

Cohen will soon present what he calls a blueprint for DoD's future to the president and Congress. "Ultimately, it's Congress who has control of the purse strings, who must make these choices I've talked about," he said.

"I think we've come up with a proposal that protects our short-term security interests, that is developing our systems for the future and is squeezing money out of operations to put them into modernization," Cohen said. If approved, the nation will have "a fighting force for the future which is as good as it is today—and every one of you know, we have the best fighting force in the world."

COMMENTARY

Shape, respond, prepare

Cohen discusses three-pronged defense strategy

Reimer praises spouses

Army News Service

Army Chief of Staff Dennis J. Reimer sends the following message in recognition of Military Spouse Appreciation Day:

"This year, Friday May 9 was designated as 'Military Spouse Appreciation Day,' yet we should recognize our military spouses every day.

It is particularly important that we acknowledge the efforts of our spouses and thank them for their love, support, patience, courage and all their hard work throughout the year.

"Army spouses play significant roles in helping maintain the well-being of our soldiers, our families and our military communities.

"Army spouses help us successfully balance our lives between work and home. They unselfishly share their love and support with us and those we care about most.

"We are the world's best Army because we have the best spouses in the world.

"I encourage commanders to recognize Army spouses through appropriate ceremonies and proclamations which convey our appreciation and gratitude to our spouses for all they do for our Army."

DoD needs to recapitalize

the armed forces to take advantage

of a revolution in military affairs,

he said. Incorporating information

age technology will provide total

domination of the battlefield, Cohen

said. The department also needs to

revolutionize its business affairs.

Progress is being made toward a

faster, more efficient, less costly

way of doing business, he said.

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ment hands in place of

5 tips to marital bliss

Writer suggests ways to *really* show appreciation for spouses

Commentary by Beatriz Gill

Army News Service

Gentlemen, here they are, the five tips you've been waiting for to help keep you on your wife's good side. It's not a bad idea to stay on your wife's good side. After all, studies show in most households it's the wife who washes the dirty underwear, does the greasy dishes and cooks three meals a day. So, a little bootlicking couldn't possibly hurt.

Here's some great advice from a great wife (every once in a while I have to toot my own horn):

□ Tell your wife how beautiful she is. We eat that stuff up. But don't insult our intelligence. Please don't try that "Oh, Cindy Crawford! What are you doing here and what have you done with my wife?" routine at six in the morning when we look more like Don King than a beauty queen. (The penalty for this is six days of diaper duty.)

Instead, take notice of all the little efforts we make to spruce up our looks. Keep an eye out for new dresses, different haircuts and, yes, even new and different shades of lipstick. You will be nicely rewarded.

□ Find ways to compliment our cooking. But please don't take a bite out of a new recipe, turn green, fall out of your chair kicking out your feet in muscle spasms and then claim that was the best home-cooked meal since we last made chili-con-peanut butter. It's only going to result in more exotic and surprising dinners.

Try, "Oh, this is new. You are so creative. You know, I've been raving about that lasagna recipe you made last week." Take the focus off the dish you don't like and put it on a dish you do like! This will assure you don't find yourself in an emergency room getting your stomach pumped.

□ Don't complain about the laundry. This could get you in big trouble. We handle such complaints in two ways, either with the standard response, "If you don't like it, do it yourself" or by resorting to the "pink underwear syndrome." My dad complained that it took my mom too long to do laundry and she should try to speed up. My mom quickened her pace all right — and my dad wound up with pastel underpants. Two weeks of pink underwear cooled his jets.

□ Recognize that we must have superpowers to juggle a family and a career. Both are full-time jobs, after all. When we begin to complain that the baby only spits up on mommy and that our bosses are the devil's handymen, tell us to take the "S" off our chests and give leaping tall buildings a rest. Then, take over and give us a few minutes rest.

Even if your wife doesn't work outside of her home, remember that being a housewife and mom are 24-hour-a-day jobs. She's never off duty, so give her a break. She'll be so touched, she'll forgive the Cindy Crawford comment.

□ Make us laugh often. Contrary to popular male belief, women do have a sense of humor. Just because we are not amused by the Naked Gun movies or don't find the "pull-my-finger" routine hilarious doesn't mean we don't like a good guffaw every once in a while. My husband keeps me in stitches, which doesn't give me much time to dwell on the things he does that drive me crazy.

Keep in mind your wife wears many hats — she's a wife, a mother, a career woman and a representative of your family. You owe her BIG.

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Keep in mind your wife wears many hats — she's a wife, a mother, a career woman and a representative of your family. You owe her BIG.

Hope these hints help. If they do, I'd love to hear from you. If they don't — no, you can't bunk on my couch.

(Editor's note: Gill is a regular contributor to the Hessen Herald, the Army newspaper serving the 104th Area Support Group in Germany.)

A virtual Army?

Electronics can't replace the personal touch

By Harry Noyes

Reprinted from The Mercury

A recent Reinventing Government newsletter included this announcement: "ACE (Americans Communicating Electronically) meets on the third Thursday of each month from 10 a.m. to noon in the 8th floor conference room at the Small Business Administration ..."

Now maybe I'm perverse, but I got tickled. I mean, isn't this kind of like saying, "The Procrastinators Club will meet at 8 p.m. sharp?"

Do these card-carrying mavens of e-mail, these VTC-enrichedists throwing words and body language around the globe at light speed, actually haul their carcasses outdoors, fight Washington traffic, and gather in one room? Every month?

I bet they do. And I bet I know why, too. The easy answer is, the technology isn't quite there yet. Picture and sound quality, connection reliability, and ease of use still leave something to be desired.

I attended a hybrid session joining San Antonio to Fort Detrick, Md., by videoteleconference, with a phone link to San Diego. Given the distances and numbers, it

was impressive. It served the purpose, was quicker than mail or e-mail, and cheaper than TDY.

But we got cut off once and it took several minutes to reestablish contact. I often had trouble telling who was talking. Facial expressions were hard to read on screen, and side comments could not be heard. All in all, communication within each site was far superior to communication between the sites.

Technical progress may conquer these glitches, but I suspect people will still prefer to gather in one room sometimes for psychological reasons.

We are biological creatures, not technological ones. Our genetic heritage treasures the sight, feel and smell of real people ... not pixels of glowing phosphors.

You may understand the meaning of the guy at the other end of a VTC, but do you care? Can we function as an Army — as Shakespeare's "band of brothers" — if we are only a virtual community? I bet not.

I bet that, no matter how good technology gets, effective cooperation will always depend as much on friendship as on commun-



MAY 17

ARMED FORCES DAY

See VIRTUAL, page 7A

This commercial enterprise newspaper is an authorized publication for members of the U.S. Army. Contents of the ESSAYONS are not necessarily official views of, or endorsed by, the U.S. Government, the Department of Defense, Department of the Army or the U.S. Army Engineer Center and Fort Leonard Wood. It is published weekly using photo-offset reproduction by the Public Affairs Office, Fort Leonard Wood & U.S. Army Engineer Center, Fort Leonard Wood, Mo. 65473-5000.

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Bridging in Bosnia

Engineers repair war-damaged span with help from local soldiers

Story and photos by Paul Hougdaal
Army News Service

A late storm had laid several inches of heavy, wet snow on northern Bosnia-Herzegovina, and the snow continues to fall. Made slippery by the new snow is a bridge with a center section that is a mass of twisted steel and crumbling concrete from a bomb blast. Underneath the bridge boils an irrigation ditch, flowing muddy brown water from spring run-off. Spanning the ditch and covering the damaged bridge is a Bailey bridge — also a danger to those who cross it.

This scene is what the members of 2nd Platoon, Company B, 82nd Engineer Battalion saw when they came to repair the dangerous bridge. The weather brought conditions which seem to be the norm for an engineer job such as this one, conditions which they almost seem to relish.

"This is typical engineer weather. It seems like every time we go out to do something, this kind of weather shows up," said Sgt. 1st Class Kraig Haas, platoon leader for 2nd Platoon, B Company, 82nd Engineer Battalion. "It almost makes it fun, but we do wish it was sunny."

Sometime during the war, the center part of the original bridge was blown away and in 1992, the Serbian army replaced the bridge with a Bailey bridge.

The bridge is an important link for commercial vehicles in delivering supplies between the large towns of Gradacac and Modricka, as well as for Stabilization Force vehicles traveling between the U.S. sector and the NORDPOL Brigade. Without the bridge, vehicles would have to use a bypass that would add 30 kilometers to the trip.

Because of the importance of the bridge, SFOR officials determined repairs were needed soon. They met with Serbian military leaders and decided to work together to fix the bridge using parts, materials and labor from both sides.

The Bailey bridge was not assembled correctly and because of a lack of maintenance, had become twisted and weak. It became a serious safety hazard to large SFOR vehicles and for the heavy delivery trucks that use the bridge. It was also a hazard to local citizens who walk, bike and drive their cars.



B Company, 82nd Engineers, put new sway bracing under the deck of a Bailey bridge emplaced by the Serbian army after the original bridge was destroyed by a bomb. The bridge became unsafe for heavy vehicles and was repaired by 82nd soldiers during a late April snowstorm.

over the bridge. The wood that serves as the deck had seriously deteriorated.

This type of Bailey bridge is designed to carry a load up to 50 tons, but this particular bridge had deteriorated to the point where it would only handle about 16 tons and it was getting weaker.

"There was potential for a really bad accident because vehicles were using the bridge that shouldn't have, vehicles that were too heavy for the condition it was in," said Capt. Kevin Kearns, commander of B Company, 82nd Engineer Battalion, operating out of McGovern Base and Camp Colt. "Because certain parts weren't installed and there was no maintenance on the bridge, it was allowed to move and buckle, which caused more parts to fail."

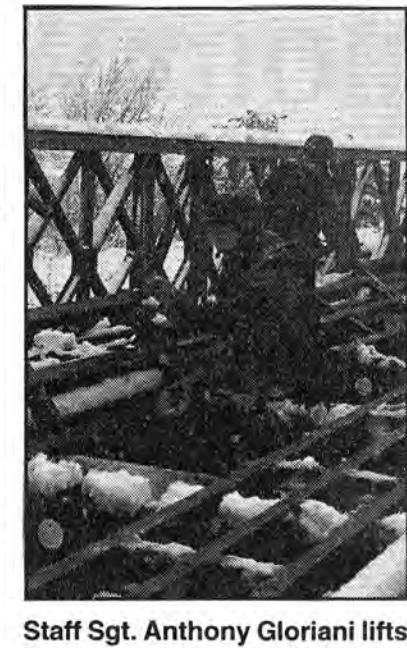
The Serbian soldiers didn't know much about the bridge and it was not put in correctly — the bridge became crooked," said Lt. R. Alexander, a Republic of Srpska engineer officer who assisted in the repair. "Both sides worked here to put some elements that were not here on the bridge, that's why it was not OK. All kinds of vehicles use this bridge. Now it's a very good bridge."

The soldiers were glad to use their skills on this project. Since arriving in Bosnia-Herzegovina, the majority of their time has been spent supervising factions as they clear mines and working on force protection projects around Camp Colt.

"It's great, it takes away from the boredom of the base camp. It gets the soldiers out and actually doing engineering projects," said Haas. "We don't get a lot of opportunity to work with bridges. It gives them a good experience to come out here and gets hands-on experience and learn different ways, not only to build them, but how to fix them and learn different techniques."

Within two days, the 82nd Engineer Battalion, along with help from several Republic of Srpska soldiers, straightened the bridge and put on the sway-braces and top brackets which keep the bridge straight and strong. With the bridge repaired to original strength and with little maintenance it will now last eight to 10 years.

(Spc. Hougdaal writes for the 129th Mobile Public Affairs Detachment.)



Staff Sgt. Anthony Gloriani lifts part of the bridge decking to put sway bracing underneath to strengthen and keep the Bailey bridge straight.



Staff Sgt. Anthony Gloriani and Staff Sgt. Raphael August fit a top bracket onto a Bailey bridge to straighten and strengthen the bridge.

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Every Thursday - May 8 thru June 26

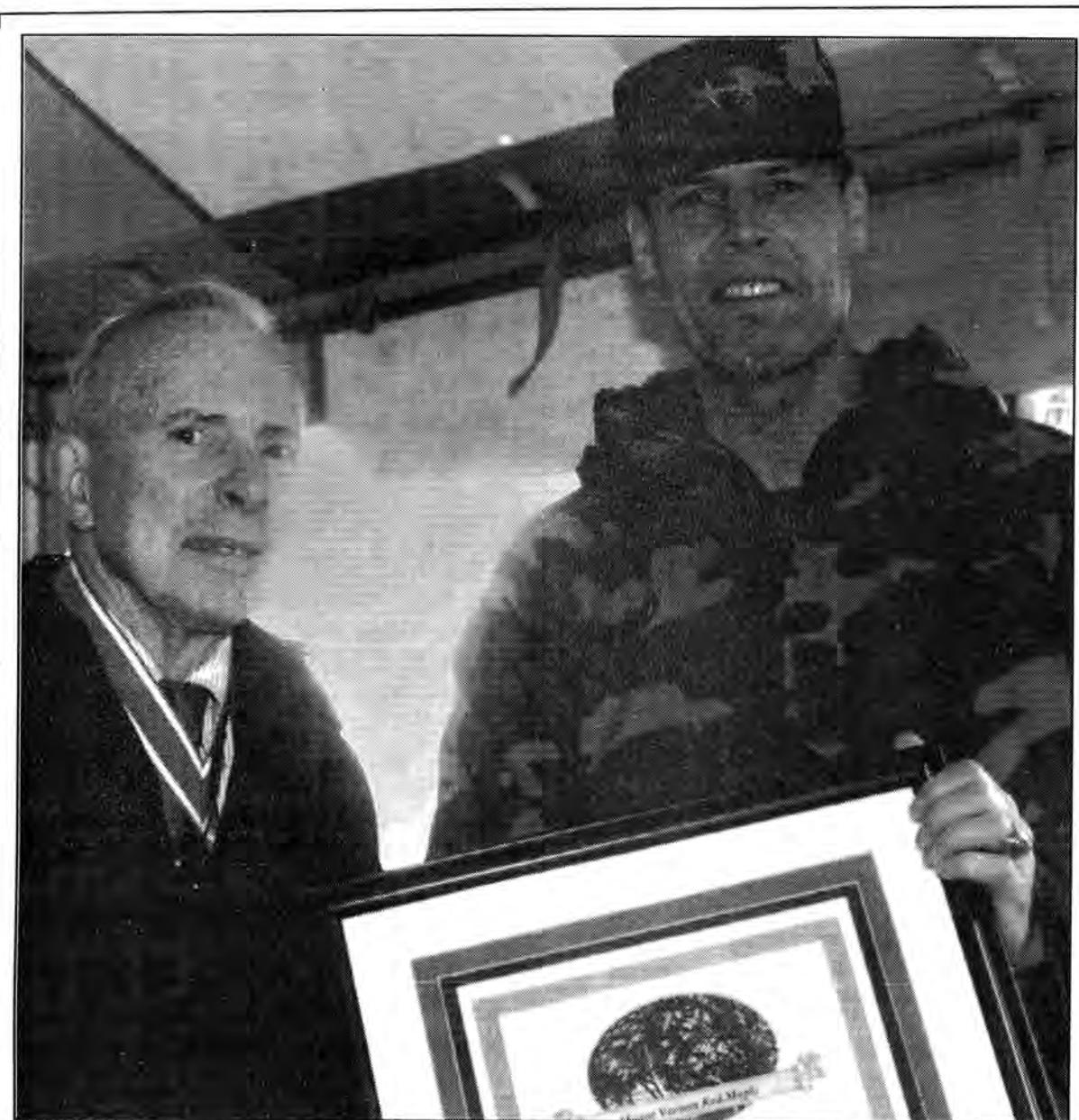
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Historic roots

Maj. Gen. Clair Gill, Fort Leonard Wood's commander, presents a certificate of authenticity to retired Lt. Gen. Joseph Bratton, 45th Chief of Engineers, for the red maple tree dedicated May 2 in Bratton's name. The sap-

ling planted in the Chief of Engineers Grove is a direct descendant of a 200-year-old tree at George Washington's Mount Vernon home. Bratton was Chief of Engineers from Oct. 1, 1980 to Sept. 14, 1984.

Photo by Kim Brown

Here's the SCOOP!

SCHOOL AGE SERVICES SUMMER PROGRAM

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Starts May 1st (also offering Part-Day for Summer School Children, with Special Rates)

\$25.00 Part Day/\$50.00 Full Day (includes all activities)

LOTS OF FUN ACTIVITIES PLANNED (tentative)

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At the pointy end of the stick

By Larry Allen
Special to ESSAYONS

The warfighters of the maneuver force like to talk about how their mission takes them out to the very end of the "pointy stick," a humorous euphemism for a spear. No one doubts that the warfighters are certainly out there in harms way. But the man who is in reality truly at the "end of the pointy stick" is most often an engineer—and the pointy stick is most often a mine probe.

Four new systems being developed by the Training and Doctrine Command System Manager are designed to let the engineer step back a bit from the end of that stick. Three are generically lumped together as "standoff minefield detection systems," or STAMIDS.

The airborne standoff minefield detection system is a sensor mounted on an aerial platform that flies over specific areas or along routes looking for surface patterned, buried patterned, scatterable and nuisance mines. After detecting a mine or mines (the initial detection), the



The South African 'Meercat' is part of the Army's interim vehicle-mounted mine detection system.

platform is directed to conduct a survey of the area using the airborne system to determine minefield boundaries.

This information then is transmitted to a ground control station, where it is processed. This processed information, containing minefield locations, is transmitted to maneuver commanders. The airborne STAMIDS will be employed at division and corps levels.

The ground STAMIDS is a vehicle-mounted mine detection and marking system for use both on and off road. It detects metallic and non-metallic mines through use of multiple sensors, with a standoff capability to prevent mine detonation under the vehicle.

Possible detection sensors are metal detectors and ground penetrating radar, with a forward looking infrared (FLIR) or forward looking ground penetrating radar sensor to provide standoff detection capability.

The system can be mounted on a wide variety of vehicles. Remote control operation, using the Army's standard teleoperation system, will provide increased

soldier safety. Mine detection, data processing and display, and mine marking are automatic. The mine information is displayed to the system operator, who will disseminate it through the appropriate channels.

The ground system may be used for route clearance missions, leading convoys, detecting the leading edges of minefields or for reconnaissance missions.

Handheld STAMIDS replaces the AN/PSS-12 metallic mine detector. Unlike the older equipment, which can only detect metallic mines, the new handheld gear uses multiple sensors to detect both metallic and nonmetallic mines. Standoff mine detection capability will be provided through use of a FLIR sensor. The handheld gives the operator both a visual and audio signal.

The equipment's missions will be to determine exact mine locations and can be used under conditions where the vehicle mounted or airborne systems cannot be employed. Dismounted soldiers will use the handheld detector while operating along footpaths, in adverse weather, in rough terrain where ground

vehicles cannot operate, under overhead cover, during covert operations or where noise discipline must be observed, and during operations other than war. HSTAMIDS does not change current marking and reporting procedures.

The final new system is a temporary fix to vehicle mounted mine detection. The "interim vehicle-mounted mine detector" is meant to fill the gap until fiscal year 2006, when the Army's ground STAMIDS is scheduled for fielding. This interim system will not be developed by the Army, but purchased elsewhere.

The interim equipment is capable of being teleoperated, and both detects and marks metallic mines encountered along a road. The system is mounted on blast-resistant vehicles that are field repairable following a mine detonation. It has low ground-pressure tires and includes "proofing" trailers needed to detonate mines missed by the metal detector sensors. The equipment will be used for route clearance missions and to precede convoys.

High-tech expo: Enforce XXI features engineering gadgetry

Story and photos by Kim Brown
ESSAYONS Staff

Dozens of company representatives came from all over the country to Fort Leonard Wood to display their products at the Enforce XXI Technology Exposition. The display gave industry the chance to show their latest products and services to engineer leaders here for the annual conference.

According to James Morand, a representative who brought his company's compressed air foam firefighting system, "It was well worth the cost of approximately \$3,000 ... to bring our product here."

"The combat firefighters are here and that is primarily who we want to see our product. There are a lot of people here that are actually getting to see and use it for themselves. This expo allowed our company the rare opportunity to get to see people that we would otherwise have a difficult time gaining access to," he added.

Tony Bain, an 11-year-old visitor, said he was enjoying the expo because some of the company representative were allowing him to operate their equipment.

"I got to operate a remote control vehicle a little while ago. It was really neat because it had infrared and lasers. I am glad my dad brought me, added Bain.

Japie Vuuren was at the display to show off his company's product, a vehicle-mounted mine detector from his native South Africa.

"Our purpose for this visit is to inform the people attending of the benefits of our vehicle, to show firsthand what it can do," said Vuuren.

Allen McClelland brought his company's hydraulic power tools, "to demonstrate them in person."

"Videos are nice," said McClelland, "but they just can't take the place of seeing it for yourself. We feel as though the only way someone can really get the feel of our tools is hands-on, for them to actually see this chain saw cutting through concrete."



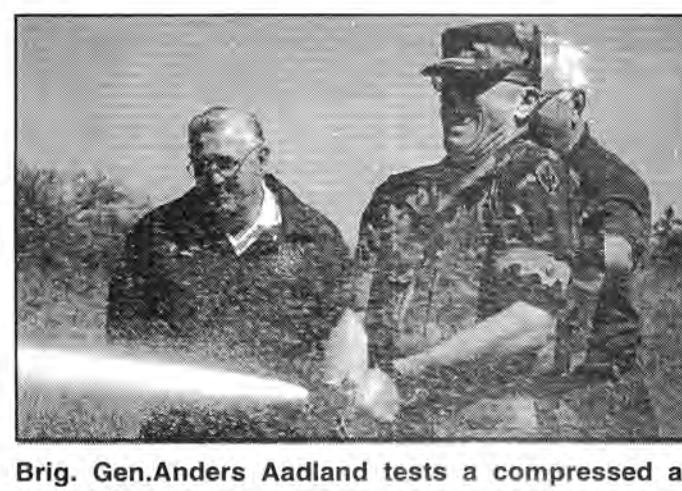
Tony Bain, 11, operates the remote control mobile detection assessment response system.



Staff Sgt. Willie Ward, 577th Engineer Battalion, demonstrates the PD 45 post driver.



Firefighters demonstrate the capabilities of the Jaws of Life.



Brig. Gen. Anders Aadland tests a compressed air firefighting foam system.

Mines of the world

The mines described below include the world's most common antipersonnel device, one of the most unusually-shaped and an "oldie but a goodie" from the U.S. arsenal.



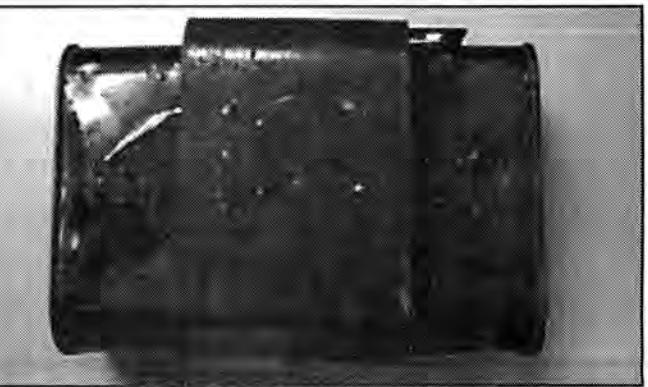
PMN: The Traveling Mine

The PMN is a Russian-designed and manufactured antipersonnel mine. It has a circular, bakelite body designed to wound or kill with blast effect. The mine body has a smooth appearance on the sides and the top is covered by a black rubber cover held in place with a thin metal band.

The mine has a detonator cavity cap on one side and a delay arming mechanism on the other. The arming delay is a shear wire mechanism that cuts through a lead retaining strip in 15 to 20 minutes, arming the mine. Because of this system, the mine cannot be neutralized once the safety pin is removed.

The PMN contains 240 g of TNT and is actuated by a pressure over eight kilograms. The mine can be located with metal detectors under most field conditions. The PMN is possibly the most commonly encountered antipersonnel mine in the world.

Found in: Afghanistan, Angola, Cambodia, China, Egypt, Eritrea, Ethiopia, Honduras, Iraq, Kuwait, Laos, Lebanon, Libya, Mozambique, Nicaragua, Namibia, Russia, Rwanda, Somalia, South Africa, Vietnam, Zambia.



M7A2: An Oldie but a Goodie

The M7A2 is a U.S.-designed and manufactured antitank mine than can double as an antipersonnel mine. It is a rectangular sheet metal mine designed to damage or destroy vehicles by blast effect. The mine has rounded edges and is crimped on the end covers with a prominent filling plug in one end.

The fuze cavity is open and the M603 pressure fuze is exposed. The pressure plate is slotted and is secured to the sides of the mine body by two rivets. For applications against heavy vehicles such as tanks, two to five of the mines can be laid side-by-side or stacked.

The M7A2 can be located visually or by using metal detectors in most field conditions.

Found in: Angola, Burma, Burundi, Eritrea, Ethiopia, Lebanon, Rwanda, Somalia, Sudan, Zambia.



PFM-1: A Terrible Toy

The PFM-1 is a Russian-designed and manufactured antipersonnel mine. It is a plastic-bodied, scatterable device designed to wound by blast effect. It is an oddly shaped mine which resembles a seed from a maple tree. One end is bulb-like and contains the explosive, while the other end is thin and acts as a stabilizer when the mine is scattered from the air. Its unique shape makes it attractive to children.

The fusing mechanism is in the center of the mine body. It is delay armed after release from its canister, which allows it to impact with the ground unarmed. It is actuated by a cumulative pressure of five kilograms, either one full pressure such as stepping on it, or many light pressures such as handling it.

The mine has a low to medium metal content and can be located visually or with a metal detector under most field conditions. The PFM-1's nickname is the "Green Parrot."

Found in: Afghanistan, Armenia, Azerbaijan, Iraq, Russia, Somalia.

Information provided by:
Countermine Training Support Center,
Directorate of Training

ARMY NEWS

AGR positions file discontinued June 1

Army News Service

To improve customer service and alleviate confusion in the field, the Army Reserve Personnel Center's Full Time Support Management Directorate will discontinue the online AGR positions file starting June 1.

The file, available for download from both Military City Online and the FTSMID Internet webpage, is being discontinued due to the confusion and frustration it has created in the field, officials said.

The file first went online two years ago to allow AGR and prospective AGR soldiers to view all positions in the program, regardless of fill status. The file was meant as a service to let users to search the position database by MOS, grade, city, and state as a career planning tool.

Although extremely helpful to some AGRs, the file created many problems. First, most prospective AGRs and even some current AGRs were confused over its purpose and incorrectly thought that the file was a "vacancy" file. This produced a deluge of calls to FTSMID personnel managers from soldiers asking why they couldn't have positions that, in reality, were already filled.

Secondly, the file wasn't "real-time" because of constant structure changes and was only meant to display AGR positions worldwide for informational purposes.

FTSMID is eliminating the online file to free up personnel managers to work with the individual soldiers they manage, resulting in better service to the AGR soldier.

AUSA announces essay contest

Army News Service

The Association of the United States Army has announced its 4th annual ARMY Magazine Essay Contest.

The essay must address important issues concern-

ing the U.S. Army. AUSA's suggested topics are:

What should be the balance between precision fire and dominant maneuver forces?

The value of an overseas presence and the kind of presence needed.

Are we overdoing the zero-casualty concept in terms of military missions and structure?

Chemical and biological defense — threat, doctrine and need.

What are vital national interests for which the United States should use military forces?

Infrastructure streamlining and the increased use of contracting.

Three essays will be selected for cash prizes and publication in ARMY Magazine.

Anyone is eligible to enter, except employees of AUSA. First prize is \$1,000, second, \$500, and third, \$250.

Essays will be judged by a board of national security and land power experts. Judging will measure overall quality, scholarship and analysis of the subject. Essays must stress analysis and interpretation, not exposition, personal narrative or report.

Essays must be original and must not exceed 2,000 words. Essays should not be submitted elsewhere. ARMY Magazine never considers simultaneous submissions.

Essays should be written by individuals — no co-authors, groups, task forces or committees.

All entries should be sent to Editor, ARMY Magazine, Box 1560, Arlington, VA 22210 ATTN: Essay Contest, and must be postmarked no later than May 30, 1997.

The author's name shall not appear on the essay. Each author shall write a two- or three-sentence synopsis of the essay on a cover sheet. A sealed envelope shall accompany the entry. Inside the envelope will be the author's name, brief biographical sketch, Social Security number, address, day and night commercial telephone numbers, and the same two- or three-sentence synopsis

that appears on the cover sheet.

Essays must be typewritten, double-spaced on paper approximately 8 1/2" x 11". Submit three copies of the essay.

Letters notifying the winners will be sent in the month of August.

The authors of prize-winning essays must transfer all rights, including the copyright, to AUSA before publication.

The editor of ARMY Magazine will also review the essays not selected for an award for possible publication in the magazine. The writers of these articles will be compensated at the rate established for purchase of articles and must transfer all rights, including the copyright to AUSA before publication.

ARMY Magazine reserves the right to edit the essays it publishes for reasons of style, accuracy or because of space limitations.

For more information, call the AUSA's Joni Shell at (703) 841-4300 ext 362.

Avenger fire units roll off production line

Army News Service

Avenger is more than just the name of a Marvel comic book character.

The Avenger short-range air defense system is having a growing presence in the field. The first three of 93 Avenger fire units, from the current production run, were accepted by the government April 9 at the Boeing production facilities in Huntsville, Alabama.

Avenger continues to modernize the Army National Guard by displacing Hawk and Chaparral battalions.

The Army Missile Command's Weapon Systems Management Directorate manages this air defense system. Avenger was developed with Boeing research and development funds in the mid-1980s in response to an Army request for an inexpensive, lightweight air defense system using the Stinger missile.

The system carries eight Stinger missiles in two

launch pods ready for rapid firing from a gyro-stabilized turret mounted on a heavy High Mobility Multi-purpose Wheeled Vehicle.

In production in Huntsville since 1987, more than 880 fire units have been delivered to the Army and Marine Corps. The Avenger is adaptable to a variety of missiles and platforms.

Promotions eased for some reservists

Army News Service

Pentagon personnel officials have approved a one-time exception to policy that provides some enlisted Army reservists an earlier opportunity to compete for staff sergeant through sergeant major promotions.

About 143 recently deployed Individual Ready Reserve and Individual Mobilization Augmentee soldiers will be affected by the change, said Personnel Policy Integrator Sgt. Maj. Griff Glatthaar, professional development branch, enlisted division, office of the deputy chief of staff for personnel.

"The exception to policy gives some enlisted reservists an opportunity to compete for promotion six months earlier than was the case before when returning from active duty," Glatthaar said.

The exception was signed April 7 by Maj. Gen. Arthur T. Dean, director of military personnel management, office of the deputy chief of staff for personnel. The change adjusts the zone of consideration for the 1997 USSR IRR/IMA promotion board, Glatthaar said. Soldiers who've served on active duty and have been transferred back to the IRR prior to Feb. 25, 1997 can now be considered for promotion.

Normally, IRRs and IMAs coming off a stint on active duty are required to wait a year before competing for promotion, Glatthaar said. The reason for the "one-year rule" is to provide stability in the IRR/IMA programs.

Some IRR/IMA reservists who've been recently activated and deployed to support operations in Bosnia will benefit from the policy change, Glatthaar said.

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Waynesville Cinema 5**Fifth Element**

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Austin Powers

PG13 *2:35-5:05-7:05

Breakdown

R *2:45-5:00-7:15-**9:15

Fathers Day

PG13 *2:35-5:10-7:10-**9:10

That Old Feeling

PG13 *2:30-5:15-7:10-**9:05

Volcano

**9:30 PG

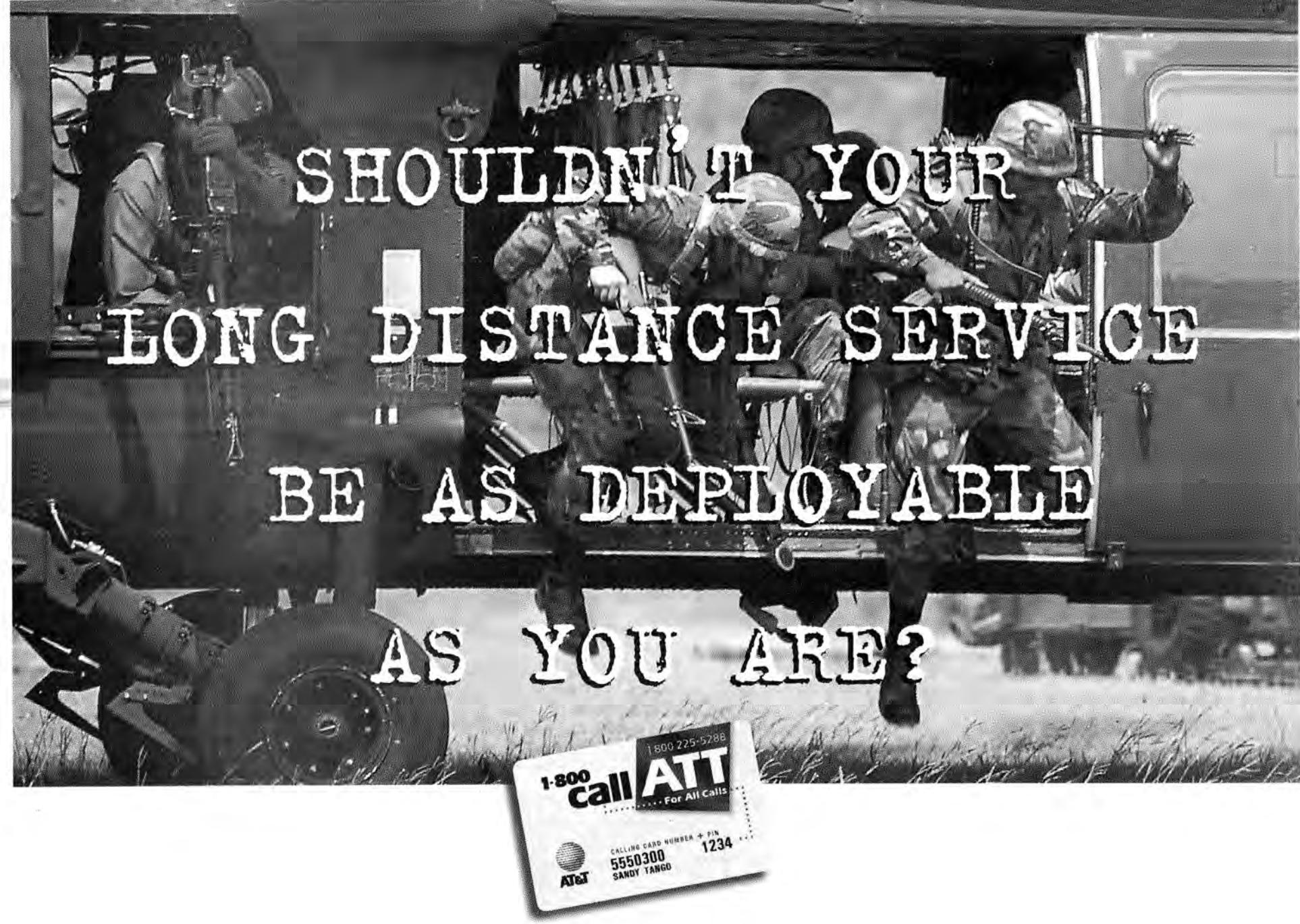
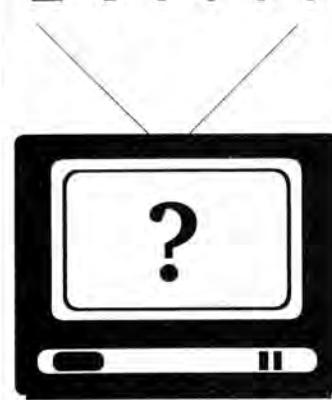
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'Nerve racking ... but fun'

Sappers introduce local groups to thrills and chills of rappelling

By Betty Thompson

ESSAYONS Staff

Aside from training the nation's engineers to be "top of the line," trainers at Fort Leonard Wood's Sapper Leader Course use their skills to help the surrounding community.

Sappers volunteered their rappelling expertise to the 577th Engineer Battalion for their Spouse Day April 25 and on Friday to the Waynesville High School for their students in the Junior Reserve Officer Training Corps.

Despite their rigorous training schedule, the Sappers render their spare time to help out the community. The reason for their efforts is "to maintain a good positive image throughout the community and lend a helping hand," said Sgt. 1st Class Rafael Padilla, Sapper operations sergeant.

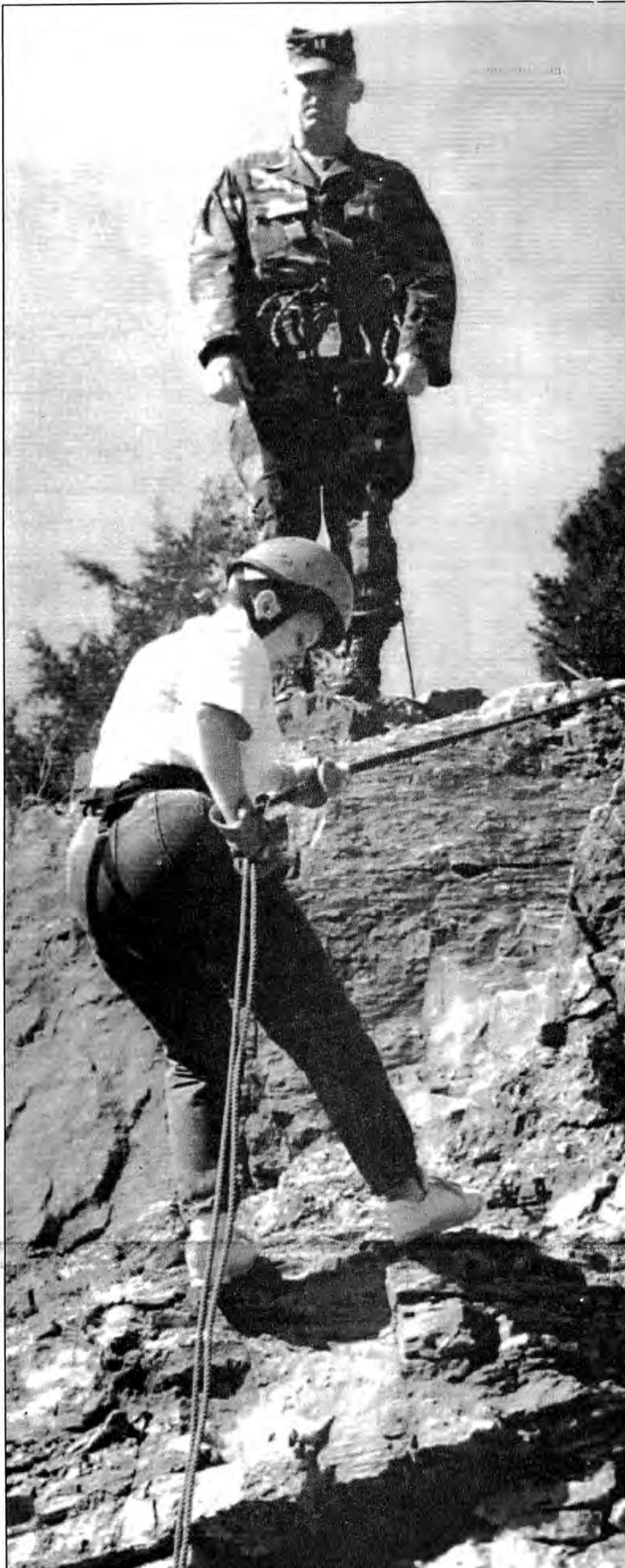
Participants at the different rappelling sites shared their experiences.

"It was fun. I was about to chicken out at the last minute," said Stella Ruiz, who rappelled for the first time off a 30-foot cliff. "I felt proud of myself."

Another spouse admits that rappelling this year was better compared to the previous year.

"For me it was more exciting because I tried the highest rappelling (site)," said Miriam Godenitz.

For a 10th grade Waynesville student, Jackie Williams, rappelling off a 45-foot tower was "nerve racking, but ...fun."



Capt. Kevin Harris, Sapper commander, supervises a novice rappeller.



Photo by Betty Thompson
First-time rappeller Stella Ruiz sets off down the cliff with a broad smile on her face.



Photo by Kim Brown
JROTC cadet Cherie Nieland struggles on the tower.

Air Force team goes Army green

Unit takes 'close air support' role to dramatic extremes

By Douglas Gillert
American Forces Press Service

A column of equipment-laden soldiers, M-16 rifles tightly gripped, radio antennas bobbing from backpacks, slogs along the rain-soaked, red-mud shoulder of a winding rural road.

But wait: Aren't those Air Force chevrons on the camouflage sleeves of their battle dress utilities? It's true. These aren't soldiers, they're airmen. Airmen, it seems, who seldom grace a flight line and almost never wear blue. Instead, they spend most of their service years with the Army. As enlisted tactical air controllers and weather observers, they're the eyes and ears of the close air support Army infantry needs to beat the enemy.

"We look like Army, but to a person, we're darned proud to be Air Force," said Lt. Col. Buddy Knox, commander of the 25th Air Support Operations Squadron. "We're tightly knit, like the soldiers in the 25th Infantry Division we support. 'We PT' as a squadron three hours a day, five days a week, and we take the Army physical fitness test. But our chain of command is Air Force."

Well, mostly — Knox serves on the division commander's staff, and the other air liaison officers perform similar functions in each of the division's brigades. In the field, the airmen deploy and work alongside the grunts, eat Army rations and, if necessary, fire Army ammo. But the air strikes they order come through strictly Air Force channels — mostly A-10s and F-16s that fly in loud and low to the ground



Members of the 25th Air Support Operations Squadron, Wheeler Army Airfield, Hawaii, hike down a rain-soaked road during a 10-mile rucksack march, part of a rigorous program of physical conditioning. Unit members like to point out the fact that while they train with, deploy with and look like soldiers, they're proud members of the Air Force.

to destroy enemy tanks, trucks and fortifications.

"Being a tactical air controller is tough duty with tremendous responsibility," Knox said. "We don't order anyone to do it; they have to volunteer. Out there in the field, they've got to have the confidence

to call in air strikes."

They gain their confidence through nearly continuous training and rigorous physical fitness that includes weekly 10-mile hikes toting rucksacks that weigh at least 40 pounds.

"Each of us carries UHF and VHF radios, additional batteries, M-16 rifles, 9 mm pistols and ammo," Staff Sgt. Ed Yuhasz said about two-thirds of the way through a march. Was he tired from the long trek in 85 degree weather and a persistent rain? "Not really."

Today's enlisted controllers perform a job formerly done by highly qualified fighter pilots. "After it became a separate service in 1947, the Air Force agreed to provide the Army close air support," Knox explained. "But with the Air Force getting smaller, fewer pilots are available. So after training and certification, enlisted tactical air controllers do the job air liaison officers used to do."

The transition has brought the 25th full-circle. In the 1940s, the unit's "flying sergeants" piloted aerial observation planes, pinpointing enemy positions for bombers and fighters. After World War II, the Air Force turned the mission over to commissioned officers.

Today, Knox said, the enlisted controllers and weather operations specialists run the squadron, while the officers take care of overarching issues such as integrating Army plans with Air Force flying operations. It's a two-year assignment for the officers, three for the enlisted men and

women, although most request a one-year extension. It's good duty, almost all agree.

They deploy in teams, each with a corresponding infantry battalion. At all times, a team is packed and ready to go. The deployment "kit" includes humvees loaded with sophisticated radio communications systems.

Weather observers bring their own equipment, including a laser optical range finder to determine visibility for incoming pilots, and a Global Positioning System device to download time, latitude and longitude information from a satellite.

"We didn't used to consider weather when we planned or did a mission," Knox said. But pilots need good weather information, so two years ago the squadron fully integrated weather operations. Using a compact, mobile work station and satellite up-link, observers can access imagery, weather bulletins and charts and within a day of deploying, begin building a weather data base. They also can measure barometric pressure and wind speed. "Such information is vital to planning close air support," Knox said.

Knox likes to cite his unit's training accomplishments and its impact on combat air. "Our weather flight was named best in the Air Force in 1995 and best in Pacific Air Forces in 1996," he said. "And according to one Army general, the 25th ASOS conducted the best training ever during a battle command training program — the Army's battalion-level exercise. Our light field maintenance concept is now the standard throughout Air Combat Command."

Knox initiated the latter during an earlier assignment in Alaska. "In the old days, it took a big C-141 to deploy our people and equipment," he said. "We had to find a way to get everything on a smaller C-130." The result is a mobile maintenance shelter that doubles as a communications center and packs enough spare equipment to keep all deployed Mark 144s operating.

A further measure of the unit's cohesiveness — a 1996 social actions climate assessment — found the squadron's morale to be the highest in the Hawaiian Islands, despite the fact squadron members deploy 90-120 days a year, and when not deployed, chances are they're training.

Virtual

From page 2A

nication. And, while people sometimes become friends by mail or electron, it's a lot easier over a pizza.

VTCs, e-mail and other electronic gizmos are good tools to speed coordination among people who already know each other. Even for strangers, they work well enough on routine exchanges. But they are not and never will be as effective as face-to-face contact for teambuilding.

In the film "The Net," Sandra Bullock flees from an evil genius who uses the Internet to hack into computer

systems. He kills folks, erases Bullock's real identity, and gives her a new one that's in trouble with everyone except the truant officer — all by remote control.

It's a gross exaggeration. Even someone as isolated from ordinary human contact as Bullock's character was supposed to be has too many acquaintances to be "disappeared" so easily.

But it was a useful cautionary tale. It's a reminder that we are people, not appendages of machines, and that our safety ultimately lies in our connections to other real people.

And not just our safety. Our professional effectiveness as soldiers and Army civilians also lies in our connections to each other — as flesh and blood people, not as mere words or images on cathode ray tubes.

So, let us use the modern electronic tools for all they're worth ... but let's be darn sure not to let them use us.

(Noyes is assistant editor of the Army Medical Department newspaper.)

Briefs

From page 1A

summer. Cadets from the United States Military Academy, and the Army's Reserve Officer Training Corps and Junior ROTC will be on post throughout the month of June.

The JROTC cadets will attend a one-week summer camp where they will participate in leadership training. Some of the training includes land navigation, rafting and the confidence course. JROTC students range in age from 14 to 18.

The USMA cadets will participate in drill cadet leadership training. During their training they will work with NCOs, learning leadership skills.

The ROTC cadets will also participate in the DCLT and cadet troop leadership training. Their leadership training will help them learn skills needed to be an officer leader.

The sale is open to all active duty military and retirees. For more information call 596-0622.

Staff sergeant sentenced

Staff Sgt. Steve Al Holloway was found guilty and sentenced in a court martial here Thursday. Holloway, 32, of New Bern, N.C., was found guilty of violating a lawful general regulation, assault, maltreatment of a subordinate and solicitation of another to obstruct justice.

Holloway was sentenced to be reduced to the rank of private, to be discharged from the service with a bad conduct discharge and to be confined for four months. He will serve his confinement at Fort Sill, Okla.

OER team visits

On Monday and Tuesday a Department of the Army team will be here to explain the new officer evaluation reporting system. The team will present the information and answer questions during a number of 90-minute briefings.

These briefings are intended for all Army officers, representatives of the Army National Guard and United States Army Reserve, sister services, Department of Defense civilian rating officials of Army officers. Also welcome to attend are military and civilian OER specialists.

For more information contact Mary Figg at 596-0133 or Judy Harmon at 596-0709.

May 19

9:30 a.m. Lincoln Hall Auditorium
12:30 p.m. Baker Theater
2:30 p.m. MEDDAC dining facility

4 p.m. Essayons Club
May 20
9 a.m. Abrams Theater
1 p.m. LHA
6 p.m. LHA

Safety Day schedule

- | | |
|----------------------|---|
| 6-7 a.m. | Deputy commanding general's run with commanders and command sergeant's major (Nutter Field House) |
| 8:30-8:50 a.m. | Commanding general's safety speech (Lincoln Hall Auditorium and Channel 59) |
| 8:50-9 a.m. | Reading of Safety Day Proclamation (LHA and CH 59) |
| 9-9:30 a.m. | Address by Sgt. Terry Moore, Missouri Highway Patrol (LHA and CH 59) |
| 9:30-10:30 a.m. | Safety game show (LHA and CH 59) |
| 1-1:20 p.m. | Replay of DCG's speech (CH 59) |
| 1:30-2 p.m. | Replay of address by Sgt. Moore (CH 59) |
| 2:30-3:30 p.m. | Replay of safety game show (CH 59) |
| 8 a.m.-4 p.m. | Safety tapes broadcast over CH 60. |
| 8 a.m.-3 p.m. | Safety Fair (Davis Club, Nutter Field House, and shared parking lot) |

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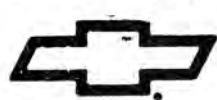
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PULASKI COUNTY INFO LINE

Voice Information TM

Time & Temp **1000**

School Closing

Crocker 1003
Stouland 1004
Laquey 1005
Truman Education Center
Colleges 1006



Policies
PCD Engagement 1540
PCD Wedding 1541
PCD Anniversary 1542
PCD Family Reunion 1543
PCD First Birthday 1544
PCD Birth Announcement 1545

Pulaski County Democrat Poll Survey **1030**



Weather
Local Weather 1100

National Weather
Anchorage 1123
Atlanta 1124
Baltimore 1125
Birmingham 1129
Charleston 1136
Chicago 1137
Cleveland 1139
Dallas 1141
Detroit 1144
Honolulu 1147
Houston 1148
Indianapolis 1149
Kansas City 1151
Las Vegas 1152
Los Angeles 1154
Memphis 1157
Miami 1158
Nashville 1162
New Orleans 1164
New York City 1165
Oklahoma City 1166
Philadelphia 1169
Phoenix 1170
Seattle 1180
St. Louis 1182
Washington DC 1185

International Weather
Athens 1201
Frankfurt 1206
Hong Kong 1207
London 1209
Madrid 1210
Paris 1215
Rome 1216
Seoul 1217
Zurich 1223

Financial News
Financial News Headlines 1400
Stock Market Dow Avg 1401

Lotteries
MO Lottery 1500
Powerball 1501



Sports
Ft. Leonard Wood Davison Fitness Center 2560

National Sports
Sports Headlines 2600
Sports Commentary 2601

Basketball

NBA News Report 2602

NBA Scores 2603

NBA Schedules/Line Up 2604

NBA Standings (Eastern) 2605

NBA Standings (Western) 2606

Hockey

NHL News Report 2620

NHL Scores 2621

NHL Schedules/Line Up 2622

NHL Standings (Eastern) 2623

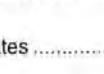
NHL Standings (Western) 2624

Miscellaneous

Motor Sports 2630

Sports Move 2631

Fate & Fortunes 2631



Baseball

NL Baseball News 2635

NL Baseball Scores 2636

NL Baseball Schedule Line Up 2637

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AL Baseball News 2640

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AL Fantasy Baseball 2644

Tennis

Tennis Updates 2673

Wrestling

Professional Wrestling 2679

Boxing

Boxing Report 2682

Community

Waynesville/St. Robert Chamber of Commerce and tourism 3000

1. Call **336-3669** or in Crocker: **736-2598** or in Laquey: **765-3184**
2. Press the 4 digit selection number for the information you want to hear.
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Loving 4091	Remedial Math P. Morris 7024	School Nurse 7209
Days Of Our Lives 4092	Remedial Language Arts	Breakfast/Lunch Menu 7210
Young & The Restless 4093	C. Browning 7025	Elementary
Bold & Beautiful 4094	Librarian K-6 7026	Principal
As The World Turns 4095	Music K-6 7027	D. Jacobson
Another World 4096	Speech K-6 7028	Art L. Rodden
One Life To Live 4097	PE S. Austin 7029	Music D. Endicott
General Hospital 4098	Special Services	PE T. Hardesty
Guiding Light 4099	M. Stokes 7030	Health/At Risk C. Foote
Sunset Beach 4100	M. Fritter 7031	Pre-School S. Walker
	L. Riley 7032	Kindergrarten
		S. Mott 7231
		L. Miller 7232
		First Grade
		T. Burge 7241
		J. Jeffries 7242
		C. Singleton 7243
		Second Grade
		R. Thomsberry 7251
		J. Wood 7252
		Third Grade
		A. Carlton 7261
		D. Krouse 7262
		Fourth Grade
		R. Sandler 7271
		J. Yarnell 7272
		Middle School
		D. Jacobson 7281
		Instructors
		R. Bishop 7282
		E. Bowling 7283
		N. Carver 7284
		C. Coleman 7285
		J. Dugard 7286
		T. Hardesty 7287
		D. Gulliver 7288
		P. Hibner 7289
		E. King 7290
		C. Upardis 7292
		L. Rodden 7293
		J. Shockley 7294
		Z. Wall 7295
		K. Zweerink 7296
		High School
		Principal
		J. Denbow 7310
		Instructors
		R. Bishop 7311
		E. Bowling 7312
		N. Carver 7313
		S. Dodson 7314
		C. Foote 7315
		A. Harger 7316
		G. Hoffmann 7317
		S. Horning 7318
		B. Houlehan 7319
		L. Jay 7320
		J. Keeling 7321
		E. King 7322
		J. Morgan 7324
		C. Mowery 7325
		R. Myers 7326
		J. Shockley 7327
		K. Zweerink 7328
		Truman Education Center Colleges
		Columbia College 7955
		Questions or Comments about INFO LINE?
		We would like to hear from you!
		Enter Selection #8001

*If you respond to any of these, the branch listing will begin. If you do not respond, the menu will continue to the next major selection.

ROTARY CALLERS : If you are calling from a rotary phone, you may choose one or more selections from the Rotary Menu. After entering the system by dialing 336-3669, each selection will be announced, followed by a short pause. When you hear a selection you want, respond by saying "Yes" or by dialing zero. If you remain silent, the system will advance to the next selection.



Time & Temp	Libra	Bible Verse
Local weather	Scorpio	It's Your Birthday
Horoscopes*	Sagittarius	PCD News Stories*
Capricorn	Soap operas*	National News Stories*
Aquarius	Days Of Our Lives	Sports Menu*
Pisces	General Hospital	Sports Headlines
Aries	All My Children	Sports Moves
Taurus	Young & The Restless	Sports Commentary
Gemini	MO Lottery	Boxing
Cancer	Powerball	NBA Scores
Leo	Joke Of The Day	
Virgo	Thought Of The Day	

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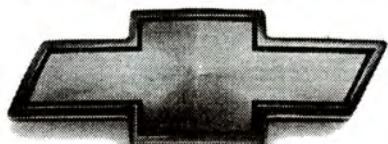


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Fort Leonard Wood COMMUNITY

Thursday, May 15, 1997

FLW Lowdown

Newcomer orientation

There will be a newcomer's orientation Wednesday at the Davis Club, Building 805 on Iowa Ave., from 8:30-10:30 a.m. All military, major and below, new to the Fort Leonard Wood area are required to attend.

The newcomer's orientation is designed for military personnel, their spouses and new civilian personnel. An optional bus tour of the area will follow the orientation at 10:30 a.m.

Displays offering information and literature about the post and the surrounding communities will be available at the orientation.

All newly assigned military personnel will receive free child care at the Child Development Center during the orientation with advance reservations. To assure space is available, call 596-0238 at least two days prior. The child's current immunization record must be presented when the child is dropped off to protect all children using this service. Please allow time to fill out registration card at the CDC when dropping off child.

For more information regarding the orientation, call Army Community Services at 596-0186.

Heating season ends

The post heating season ended May 6, and the cooling season is tentatively scheduled to begin Monday for the cantonment area.

Housing officials remind government housing residents to set air conditioning thermostats no lower than 78 degrees, and to close doors and windows when heating or cooling quarters. For more information, call 596-0131 ext. 6-8630.

Sealed bid sale

The Defense Reutilization and Marketing Office is having a public local sealed bid sale. Bidders may inspect merchandise and place bids from 8 a.m. to 3 p.m. beginning Monday until Wednesday at 3 p.m.

Approximately 150 items including ammo cans, computer equipment, military clothing, televisions, two-way radios and appliances will be available.

The sale is open to the public. Exactcash, MasterCard, Visa, Discover, cashier check or money order accepted. Buyers have five business days to pay for and remove property. For more information, call 596-0399.

TROA meeting

The Fort Leonard Wood chapter of The Retired Officers Association is holding their monthly meeting Saturday at the Essayons Club.

Social hour is at 6 p.m., dinner starts at 7 p.m. Two dinner choices including an eight ounce mignon for \$11 or a stuffed baked pork chop for \$12 is available.

The next TROA board meeting is May 22, 11:30 a.m. at the Essayons Club. Officers from all services, active duty or retired, and their spouses are invited to the dinner or board meeting. For more information, call Lowell Blum at 774-3090.

Correction

In the May 8 edition of the ESSAYONS pet therapy story, the length of time between vaccinations was wrong. Pets in the program receive shots yearly, not monthly as reported.

Flower shop closed

The post exchange flower shop will be closed Tuesday for repairs, but will reopen Wednesday with normal business hours.



ESSAYONS, "Let Us Try"

Jumping for joy with Youth Services

□ Youth gather at Baker Theater for opportunity to show-off their talents, have fun

By Steve Brady
ESSAYONS STAFF

The crowd was dancing in their seats Saturday as 33 area youth sang, danced and played their way into possible stardom during Youth Services' seventh annual youth talent show at Baker Theater.

The night is a chance for youth to showcase their talents for the crowd, and allow the budding performers a chance to refine their on-stage performances.

"We have good voices and want to express our talent to everybody," said performer Jennifer Baer, 17, of St. Robert. Baer and three friends were singing as the group "Desire" for the first time. Baer said she had been singing since she was a child, however, and wasn't nervous about the performance.

Other performers enjoyed the chance to be on stage.

"It's important to me to make any contest I can. I just like to perform," said Elizabeth Sanders, 16, of Rolla. Sanders was singing a gospel song solo, and said she placed third in her age group last year.

"I'm a little nervous now," she confessed before her performance, "but I'm more nervous when I'm on stage."

The audience of more than 250 came to their feet throughout the 19 performances, dancing along with the music and cheering on the performers who presented their act without much show of nervousness.

"It's a lot of fun," said Chelsey Jones, 8, of Dixon. "I wasn't nervous at all," she said after her rendition of "You're never fully dressed without a smile."

"I'm representing mid-Missouri in a state pageant and my mom thought it would be great practice," Jones said.

Whether the entertainers were on stage for the first time or were seasoned performers, the talented youth had their time in the spotlight.

"There's a lot of talent in our youth," said Paul Mensch, director

(Top left) Chelsey Jones finishes her number with a tip of the hat to the crowd.

(Bottom left) Erin Meckfessel is ready for basic training as he recites the U.S. Marine Corps anthem.

of youth services. "This gives them an opportunity to express themselves and show off some of their talent. You never know, this could be the start of something big for them," he said.

Whether the show would launch any careers remains to be seen, but the talent was there.

The contest was divided into five categories for ages 6-8, 9-12, 13-15, 16-18 and senior teams. Winners in the 6-8 year-old category were: first place, Chelsey

Jones; second place, Yolanda Bell; third place, Erin Meckfessel. 9-12 year-old winners were: first place, Kendall Bellamy; second place, the Tune Squad of Ashley McIntosh, Jovonia Guidry, Elisha McIntosh and Marquita Deas; third place, Jessica Humphrey.

The 13-15 year-old winners were: first place, Rebecca Whittle; second place, Christina Humphrey; third place, Dawayne McIntosh. The 16-18 year old winners included: a tie for first place between

the group of Javon Nelson, Jojo Sampson, Stephanie Price and Jennifer Baer, and Elizabeth Sanders; second place, Leah Edwards, Crystal Coats and Telissa Tyson; third place, Natania Carter. The senior team winner was the group of LeMarcus Anderson, Charles Edwards and Leanna Combs. The top three finishers in each category received trophies, all other performers received gift certificates.



Jessica Humphrey leaps gracefully across the stage during her dance performance.

Photos by Steve Brady

Armed Forces Week

□ America honors servicemembers

By Guadalupe Stratman
ESSAYONS STAFF

From serving in Iraq, Kuwait, Bosnia and Somalia to helping the homeland during floods and hurricanes, citizens count on the American armed forces to keep the United States free.

In 1950 a tradition was started. On the third Saturday in May, the nation celebrates Armed Forces Day to honor the millions of Americans who served in our nation's military forces. This year's celebration is scheduled for Saturday.

The Waynesville-St. Robert Area Chamber of

Commerce and surrounding areas will celebrate this day by proclaiming Sunday through May 24 Armed Forces Week Recognition.

The proclamation signing begins Armed Forces Week Monday at the First State Bank board room at 8:30 a.m. Representative Bill Ransdall and local government leaders from Dixon, Richland, Crocker, Lebanon and Rolla are invited to be a part of the ceremony as well the 1997 Drill Sergeant of the Year, Staff Sgt. Christopher Nadeau of Libby NCO Academy.

There will also be a military appreciation luncheon Tuesday at Ashley Mays in Waynesville at noon. Col. Carl Strock, chief of staff, will be the guest speaker. During this week area businesses are encouraged to decorate their buildings in red, white and blue, have sales and put messages on their marqueses in celebration of Armed Forces Week.

Cap and gown time for PAT program

□ Parents as Teachers class graduates, continue on to kindergarten

By Guadalupe Stratman
ESSAYONS STAFF

Bright eyed and curious three-year-olds gathered together to celebrate a graduation at Pence School Friday. The event was for the children going to their next level of development.

The children's success was driven by the help of Parents As Teachers, a state-funded program that helps parents teach their children fun ways to learn new development skills. PAT is an organization that helps parents be aware of the development of their child, said Sherri Balenton, parent educator.

"The best learning tool for children is games," she said.

Headed by three parent educators, PAT helps more than 380 children from birth to 3 years old and more than 140 pre-school age children.

Activities PAT provides include child development information sheets showing how children grow and learn, home visits, parent and child group meetings, play groups and child screenings.

"Everything is parent-child interactive," said Balenton.

I really believe the early childhood program gives ... him a jump start in his education.

Cheryl Herbert
Parents as Teachers mother

The monthly home visits are an hour-long session for counseling with the parent and child. The parent educator has specific games designed for a child's age and the child learn on his or her development, said Balenton.

"This helps us know the child's strength and weaknesses," said Balenton. "This also reassures parents that they are doing a good job."

"The in-home screening offered lets us make the parents aware if there is a development problem and they can introduce a new skill to correct it," said Balenton. "By introducing the new skill it usually corrects the problem very quickly."

Parents say they are very pleased with the program and enjoy watching their children

grow and learn.

"I like the program," said Veronica Lapomardo. "They do a lot of stuff for the kids by coming to the house and field trips."

"I really believe the early childhood program gives me ideas to do with my son and gives him a jump start in his education," said Cheryl Herbert.

"The home visits give me a lot of information — what the kids are supposed to do and what to look forward to what they are going to do," said Alexandra Emmer.

There were 66 3-year-olds who graduated Friday. They now move to the pre-school age groups.

Although home visits are not designed for pre-school age children, they can still enjoy developmental information sheets, play groups and parent-child group meetings.

"Children develop so much from month to month visits," said Balenton. "At this young age, children are virgins to everything. When children are curious, parents should help them absorb all they can and encourage them along the way," she added.

For more information about the Parents as Teachers program, call 329-6660.



Megan Lapomardo, 3, clutches her diploma at Parents as Teachers' graduation Friday at Pence Early Childhood Development Center.



Fort Leonard Wood's Best

Drill sergeants of the cycle page 9B

Job talk

Career Day at Wood junior high page 3B

Section B Page 1

FORT LEONARD WOOD WORSHIP SCHEDULE

Catholic

MASS:
Saturday 1630 Grant Hall Auditorium
Sunday 0745 Soldier Memorial Chapel
 0930 Soldier Memorial Chapel
 1100 Central Iowa Chapel
 1230 Spanish, Specker Barracks Chapel
Monday - Friday 1135 Hospital Chapel

RELIGIOUS EDUCATION:
 Bible Study 0900 Sunday - Baker Theater
 Parish School of Religion (Sept - May)
 1050 Sunday - Bldg. 315
 Ladies Bible Study (Sept-May) 0900 Tuesday - Bldg. 315
 Ladies Guild (Sept-May) 0900 1st Monday - Bldg. 315

Protestant

WORSHIP:
Sunday 1100 Specker Barracks Chapel
 1100 Soldier Memorial Chapel

RELIGIOUS EDUCATION:
 Sunday School 0930 Sunday - Bldg. 315
 Youth of the Chapel 1900 Wednesday - Bldg. 590
 Protestant Women of the Chapel (PWOC) 0900 Tuesday - Bldg. 590
 Kids for Christ 1700 Friday - Bldg. 315, Rm. 119
 Protestant Bible Study - 1st Bde 0830 Sunday - Abrams Theater
 Liturgical Religious Education 0800 Sunday - Bldg. 843

Chapel Phone Numbers

BLDG.

450
 8370
 1712
 843
 742
 637
 2100
 315
 315
 Rm 10
 315
 (6-HELP)

PHONE

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 596-1773
 596-0124
 596-0890
 596-0184
 596-0182
 596-0652
 596-0089
 596-0088
 596-1678
 596-0309
 596-4357

Soldier Memorial Chapel
 Lieber Heights Chapel
 Specker Barracks Chapel
 South Iowa Chapel
 Central Iowa Chapel
 North Iowa Chapel
 Grant Hall Auditorium
 Religious Education
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 Hospital Chapel
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Catholic

Catholic Bible Study - 3d Bdg.
 0900 Sunday - Baker Theater

Other Worship

Apostolic Pentecostal Bible Study
 1900 Wednesday - Specker Barracks Chapel

Church of Christ

0800 Sunday - Bldg. 732, 1-48 Bn Classroom

Gospel

1100 Sunday - Lieber Heights Chapel

Jewish

1900 Friday - North Iowa Chapel

Latter Day Saints (Mormon)

0830 Sunday - Bldg. 753 (IET Soldiers)

Liturgical (Episcopal and Lutheran)

0845 Sunday - South Iowa Chapel

Orthodox Christian

0830 Sunday - Specker Barracks Chapel

Seventh Day Adventist

0900 Saturday, Pick up at NIC

1400 Saturday, Return to NIC

Buddhist Services

Bldg. 315, Room 313

1000 Sunday

Study Meetings

1200 Sunday

IET SOLDIER WORSHIP

Sunday

0730 North Iowa Chapel (2-10 Bn)

0830 Central Iowa Chapel (1-48 Bn)

0830 North Iowa Chapel (1-10 Bn)

0900 Grant Hall Auditorium (43d AG)

0930 North Iowa Chapel (3-10 Bn)

1000 South Iowa Chapel (2-47 Bn)

1000 South Iowa Chapel (35th, 58th 169th)

FROM THE CHAPLAIN

The truths behind the victory

By Octavio DiJulio

Special to ESSAYONS

Looking out through sleepless eyes, David fought feelings of exhaustion. Tears stained his face, and the hope to continue evaded him. Does this sound like you or your situation? For years he had waged a mental and physical war against King Saul. We read in the book of I Samuel that David struck an agreement with the Philistines.

There was safety in numbers, and shelter in the Philistine nation. The first principle we learn from David's life is whenever we give into reason we will always run to man and the world's answer. Faith works just the opposite. Faith says trust, obey, and rely on God.

Then David returns to Ziklag (1 Samuel 30:1-4). And in his absence the Amalakites attacked the city, burning it and taking the women and children captive. There will be a time when each of us is forced to deal with disappointment and fear. All we can do, at times, is to trust

God and accept His marvelous Grace. We need to understand that God will not leave us helpless. Nothing is more powerful than the hope God brings (Hebrews 4:1-16).

Notice, the ruins of Ziklag represented the approaching victory. This was the catalyst God used to motivate David to cry out in desperation, "Help me, Lord! I can't do this on my own." The key to victory is found in I Samuel 30:8. You see, once David's focus was turned to God, he found strength and guidance. God's throne of grace is a place of intense love and authority, not condemnation. His majesty is ever present. We later read that David pursued the Amalekites and almost crushed them. One of the lowest points in David's life became a stepping stone for future strength and blessing.

There are four principles or truths behind the victory at Ziklag:

□ When you're at the end of your rope, clinging to what

seems is the last thread of hope, don't be afraid to cry out to God. We often forget that during our trials God is in control. There is a future beyond Ziklag.

□ Recall how God has delivered you in the past. David would recount the lion, bear, and Goliath whom he slew. Ziklag was no different.

□ Reaffirm your position in Christ. You are God's beloved child. This means that He has given you a position of royalty. You have access to God's throne room and storehouse of blessings.

□ Finally, Go forward in faith and trust in the Lord. Although David ran to the Philistines for earthly security he always knew that his heavenly security rested in God. If you are at the place of Ziklag, hold on, God is about to use it and bring about victory in your life.

(Chaplain Dililio is the 1st Infantry Battalion, 48th Infantry Regiment's chaplain)

ANNOUNCEMENTS

Vacation Bible school

"Celebrate Jesus" is the theme for this year's Vacation Bible School. The classes are for children ages 4 through 10 years of age, July 6-11 from 9:30 a.m. to noon in Building 315 on Missouri Ave.

Everyone is invited to register or to obtain more information by visiting the Religious Education office, Room 208, Building 315, or call Taffy Federle at 336-2419, Kathi Darsee at 774-3679, or Gladys Dillard at 596-0089.

Revival and concert

The Divine Deliverance Church of God in Christ in Waynesville is hosting a revival and concert with evangelist Ruby Terry.

The revival is at 621 Route 66, June 19 and 20 at 7:30 p.m., June 21 at 3 p.m., and June 22 at 11:30 a.m. For more information, call Jackie Williams at 774-2136.

Youth of the Chapel

Junior high Catholic youth meet alternate Sunday evenings in Building 315, call 774-3111 for information.

Junior high and senior high Protestant youth meet Wednesdays from 7-9 p.m., Building 590, led by Judy Carlson. For more information or to volunteer call (417) 458-4418.

Protestant Sunday school

Classes are Sundays, 9:30 to 10:30 a.m. in Building 315 for ages 2 and older.

Three adult classes are available: Covenant marriage, Room 227; and two bible classes, one in Room 315, the other at Lieber Heights Chapel.

Kids for Christ, puppteers

The Christian Kids Club, for ages 4 to 11, meets Fridays, 5 to 6 p.m. in Building 315, Room 119.

Puppeteers, grades five and up,

meet Fridays 4:30-5:30 p.m. in Building 315. Call 596-0089 for information.

Wednesday classes

English as a Second Language classes are Wednesdays from 9 a.m. to noon in Building 315, Room 232.

Citizenship classes are also available. For more information call 596-0088 or Sue Hearn at 336-4667.

Craft classes are 9-11 a.m., Building 315. Free child care with a week advance reservation at the Child Development Center. Classes do not meet if school is out. Call 329-3155 for information.

Children's church

Children's church is held in Building 590 of Soldier Memorial Chapel, from 11:30 a.m.-12:05 p.m., and in the basement of Lieber Heights Chapel, from 11:30 a.m.-12:30 p.m. Sundays, except the first Sunday of each month.

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BAPTIST

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Sunday School 9:45 a.m.

Morning Worship 11:00 a.m.

Church Training 6:00 p.m.

Evening Worship 6:00 p.m.

Wednesday Night Prayer Meeting 7:00 p.m.

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<p

PX offers increased savings for customers

By Steve Brady
ESSAYONS Staff

O n Nov. 1, the Army and Air Force

Exchange Services took over tobacco sales from the Defense Commissary Agency in a twofold effort to both increase funds to Morale, Welfare and Recreation and deter tobacco use through higher prices.

When the commissary sold tobacco, it was sold at their cost and there was no benefit to MWR. Now that the PX controls pricing, tobacco prices are slightly higher at the commissary, but MWR receives dividends from tobacco sales.

Since then, AAFES has enjoyed higher earnings from not only the added sales, but an improved product line and services at PXs worldwide.

But the increase in earnings for AAFES doesn't mean more profit for a faceless conglomerate. The higher earnings translate to even better pricing at exchanges worldwide.

The results have enabled AAFES to roll out new pricing programs to benefit their customers: the soldiers, airmen, Marines and sailors who frequent the PX.

"Our objective is to give our customers the best value in town and excellent, friendly service," said Barry White, AAFES general manager at Fort Leonard Wood.

The first is the Extra Value Program. More than \$20 million will be used in ongoing price reductions on selected items, White said. Examples include dropping the everyday sale price on diapers by as much as 33 percent. These are permanent price changes, not temporary, he added.

A second benefit is the One Hot Price Program, he said. In this program, \$40 million in price reductions will be featured in promotions on high-demand merchandise with savings of 25-50 percent below local competitors. The prices will be good for one to five weeks. Some possible sales include name brand motor oil for 69 cents per quart, a three-ring binder for 29 cents or AAA Energizer batteries for \$2.22.

"We are really excited about getting these great values out to Fort Leonard Wood shoppers," White said. The best part, he added, is that the prices benefit the installation in another way.

"The profits generated here stay here," he said, in the form of dividends to MWR. "Those monies went directly to the local MWR folks, which is returned to our customers through improved recreational facilities."

The dividends paid to MWR benefit local activities such as child care, youth services programs, auto crafts and sports programs, further enhancing the quality of life for servicemen and women.

In fiscal year 1996, AAFES contributions to MWR totaled \$224 million, an increase of 64 percent from the \$162 million the year before. In the last decade, AAFES has contributed \$1.93 billion to MWR programs.

"Between the increased money from AAFES and some of our activities doing better than planned, we got permission from (Training and Doctrine Command) to put in a water slide at Wallace Pool," said Keith Elder, director of Community and Family Activities. The slide should be done by the end of June, he said.

"We try to do community things that benefit as many people as possible, and are highly beneficial to the general population of Fort Leonard Wood," Elder said.

(Portions of this article from an AAFES news article.)

Students glimpse possible careers

By Steve Brady
ESSAYONS Staff

A doctor, lawyer and photo-journalist were among the nine professionals speaking to eighth graders at Wood Middle School Friday for the school's career day.

"They speak on salary, training and education needed and their own background, how they got into the field," career day organizer Amy Johnson said of the nine guest speakers. Johnson is a practical living teacher at the middle school.

Students learn lifetime skills and instructors want them to apply those skills now, Johnson said.

"We want the students to have an idea of what they would like to do for a career. Someday they will be using the skills they are learning today in an occupation," she said. "We want them to know what classes to take now that would be helpful."

Students gained insight as to what type of career field they would like to get into after high school.

"I learned a lot about what I'd like to do when I grow up, things I'd like to do," said Norris Robertson.

"I liked the information they were telling us," added classmate Dana Hutchinson. "It makes me think about what I'd like to do when



Mary Letcher, a cosmetologist in St. Robert, explains her profession to students at Wood Middle School Friday during Career Day.

I get older."

The speakers were from Rolla, Lebanon, Waynesville, St. Robert and Fort Leonard Wood.

"I decided to do it as a service to the youth," said Jay Knueven, a computer programmer at Phelps County Regional Medical Center in Rolla. Knueven said he thought that at this age the students need to get an idea of the different things they can do so they could determine their interests.

Knueven spoke to the students about salary and training necessary to become a programmer, and answered their questions.

"They asked what kind of

(computer) language I use and if I'd ever programmed any computer games," he said.

Other speakers explained to the students a day in their profession and addressed questions on how to get into that field. Other professionals included a medical transcriptionist, mayor, office worker, cosmetologist and a banker.

"I talked about the skills needed to do my job," said Julie Norris, personnel supervisor at Marathon Electric in Lebanon.

"I think they need to start setting goals at this age," she said, "because if they wait until they're in twelfth grade it's too late."

ACS gives children opportunities for summer employment

By Guadalupe Stratman
ESSAYONS Staff

M any area businesses came together at the

St. Robert Community Center Saturday to provide summer job opportunities for teens of Waynesville, Richland, Laquey, Crocker, Dixon and Plato.

Hosted by the Fort Leonard Wood Army Community Services, more than 200 students sought out jobs.

There were a variety of businesses present ranging from a fast food restaurant to a department store and landscaping.

The Pulaski Family Activity Center offered volunteer work with a different summer trip sponsored at the end of each month, according to Charles Slack, a volunteer with the center.

"Kids from ages 9 and up can volunteer with adult supervision at the center," said Slack.

Although some of the work is volunteering, the job can also help develop working skills, said Becky Parton, youth outreach specialist with ACS here. ACS offered community summer programs working with the American Red Cross, animal shelters, nursing homes and more.

"I was looking around to see what they had to offer," said Chrystal Mike of Waynesville Middle School. "I like to do many things, so I'm open for any type of work."

Steve's Service Center of St. Robert offered some outdoor jobs. Jobs included mowing lawns to cleaning and painting.

"I was looking for some outdoor work," said Andrew Decker, a student at Richland High School.

"I am looking for anything that involved a lot of movement to keep me busy," said Chris Lane, also of Richland High School.

The main reason for the job fair was to give employment opportunities for kids, said David Shafer, Family Member Employment Assistant Program Coordinator with ACS.

Even if the students did not find a job, they received the experience of talking to employers about positions, worked on interview skills and got a positive outlook on employment, said Shafer.

The job fair also helps build the kids' future, said Shafer.

"The jobs acquired help build work habits, value, character, leadership and responsibility," he said.

For more information about summer job opportunities contact Shafer at 596-0613.

Volunteer opportunities

The Muscular Dystrophy Association is currently seeking volunteers for a week as counselors at the MDA summer camp in Roach, Mo.

Each volunteer will act as a companion to a camper, a child or teenager, during the camp session June 8-14. Volunteers must be at least 16 years old and able to lift a child.

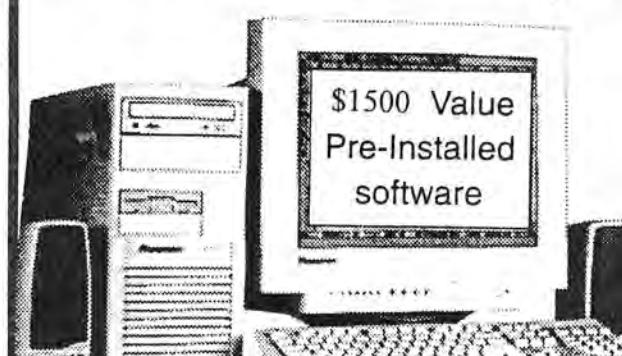
For more information or to volunteer, call the MDA national headquarters at 1-800-572-1717.

The American Red Cross is offering summer volunteer opportunities for youth 14 and older.

Those interested in volunteering on a regular or part-time basis are invited to a youth orientation June 2, from 2-4 p.m. in the commander's conference room at General Leonard Wood Army Community Hospital. For information call 329-3333.

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UPCOMING EVENTS

Senior golf clinics

The Piney Valley Golf Course offers senior golf clinics for golfers age 50 and above, Wednesday, May 28, June 4, and 11, from 8-9 a.m.

The clinic costs \$25 per person and is limited to 10 people. Each clinic will cover different aspects such as chipping, pitching, putting, iron and wood play. For more information, call 329-4770.

Pool season open soon

Swimming pools on Fort Leonard Wood are opening for the summer season. Opening schedule and hours are:

Wallace pool: Open May 24-Sept. 1, noon to 7 p.m. Thursdays to Tuesdays and holidays.

Lieber Heights pool: Open May 31-Aug. 7, noon to 7 p.m. Wednesdays to Sundays and holidays.

Single and family rates range from \$25 to \$85, daily fee \$1.50, children 6 and under free.

Book the pools for private parties, \$50 for two hours. For more information or to make reservations, call 596-4359.

Armed Forces Day

The Noncommissioned Officers Association Chapter 555 is having a first ever 5,000 meter fun run in recognition of Armed Forces Day.

The run is Saturday, 8 a.m. at Nutter Field House. Cost is \$10 with T-shirt, \$5 without, \$2 higher the day of race. Groups of 25 or more, \$1 each, T-shirt available for \$7.50 each. Trophies and prizes will be awarded in several categories.

Call 774-6792 for more information.

Hours of operation

The Outdoor Recreation Center's new operating hours are Thursdays through Mondays, 9:30 a.m.-5:30 p.m., closed Tuesdays and Wednesdays.

For more information call 596-4223.

Senior tournaments

Piney Valley Golf Course is sponsoring a Senior Challenge for persons 50-59, senior, and 60 and up, super senior, on the following dates:

Monday, June 9 and 23, July 7 and 28, Aug. 25, Sept. 22, Oct. 6 and 20 and Nov. 3.

Entry fee is \$10 per person and includes breakfast. Green and cart fees are not included. Tournaments start at 9 a.m. For more information, call 329-4770.

Volunteer coaches

The youth sports program is in need of volunteer softball and baseball coaches for youth summer sports leagues.

For more information or to volunteer, call Richard Bradley at 596-0209.

Shooters sought

The Fort Leonard Wood Community Sportsman's Center invites all shooters to join the National Skeet Shooting Association Skeet League. The league will shoot over a 10-week period, 50 targets each week for a total of 500 targets. You do not have to be a member of the NSSA to participate in this event.

The cost is \$20 per person, plus target cost. Targets are \$2.50 per round. Prizes will be awarded. Call the Outdoor Recreation Center at 596-4223 for more information.

SPORTS

Area bowlers inducted into Missouri Hall of Fame

Four area bowlers will receive the highest honor from their peers Sunday as they are inducted into the Missouri South Central Bowling Association Hall of Fame.

Heading the select group is MSCBA Secretary-Treasurer Lawrence George who automatically enters the Hall of Fame since being inducted into the Missouri State Bowling Association Hall of Fame in 1996.

George, of Rolla, is joined by Ray Hoevelmann, Rolla, Ralph Koboldt, Rolla, and Gary Poe, of Northwyre. Criteria for inductees included contributions to the

growth and welfare of the game of tenpins in two categories: bowling ability and/or meritorious service to the MSCBA.

After induction, photographs of the Hall of Fame members will be displayed in bowling centers in which each was active in the MSCBA area which includes Rolla, Cuba, Fort Leonard Wood, Buckhorn, Steelville and Viburnum.

The initial MSCBA Hall of Fame was held last year when six members of the Missouri State Hall of Fame were enshrined: James D. Williams; Norman P.

Cochran; Donald L Chaney; and posthumous candidates Charles W. Burns; George E. Cornick and Edwin C. Imilkowski.

Any member of the MSCBA may submit names of nominees along with qualifications on official applications to the hall of fame selection board.

In 1998, two nominees in each category can be selected; and one nominee every year thereafter, with the possibility of electing at least one person for each category each year. The Hall of Fame selection board will decide which

category is most appropriate for induction.

Final approval of nominees will be determined by a two-thirds vote of the MSCBA Board of Directors and all living hall of fame members.

Nominations must be received by the selection board within the established deadline each year to be considered in the same time frame or held for the following year.

A banquet at 2:30 p.m. for the honorees, their families, area bowlers and the general public will precede the induction ceremony at

the Parish Hall of the Christ Episcopal Church, located at 10th and Main in Rolla.

Cost of the banquet is \$8 and reservations must be made by today by contacting MSCBA President Ron Warren, Daugherty Lanes Board of Director Representatives Ben McWilliams or Richard Hornbrook.

The MSCBA Council of Delegates will hold its annual meeting immediately following the banquet and induction ceremony awards presentation. (From an MSCBA release.)

Army's Riefflin, Air Force's Seifert win bowling honors

By Stephen Barrett

American Forces Press Service

Winning the men's and women's armed forces bowling titles at McChord Air Force Base, Wash., turned out to be a "major" accomplishment for two officers.

Army Maj. Deb Riefflin and Air Force Maj. Mark Seifert captured individual overall titles at the armed services championships held April 7-10.

The Air Force captured both men's and women's team honors during the four-day tournament. Army finished second, followed by Navy and Marine Corps.

Riefflin, assigned at the Pentagon, posted a 221.04 average over four days in claiming the women's combined title. Her 5,305 pins were 365 better than Navy Cdr. Linda Muth of Tampa, Fla.

A trio of Air Force bowlers grabbed the next three positions, with Staff Sgt. Muriel Howell of Nellis Air Force Base, Nev., taking third. Tech. Sgt. Christine Coy of Ramstein Air Base, Germany, and Senior Master Sgt. Catherine Faber of Offutt Air Force Base, Neb., finished fourth and fifth respectively.

Besides the overall title, Riefflin also captured the one-day singles event, defeating Air Force Master Sgt. Darlene McGill (Scott Air Force Base, Ill.) by 80 pins. Coy took third.

Riefflin also combined with Army Chief Warrant Officer Elaine Riggs of Columbus, Ohio, to win the women's doubles title. The two combined for 2,522 total pins (210.2 average), defeating Muth and Navy Lt. Sylvia Nagy (Norfolk Naval Base, Va.) by 38 pins. Third place went to Air Force's Howell and McGill.

Meanwhile, Seifert successfully defended his 1996 men's title and led a top-three Air Force sweep of the men's overall championship.

The Scott officer's 227.33 average was three pins-per-game better than Master Sgt. Charlie Hall of Lackland Air Force Base,

Texas. Staff Sgt. Chuck Carroll of Sheppard Air Force Base, Texas, finished third.

Army Sgt. 1st Class Tony Szeluga of Camp Casey, Korea, took fourth, while Marine Corps Master Gunnery Sgt. Michael Boyd of Camp Lejeune, N.C. — winner of the men's one-day singles title — grabbed fifth overall.

Seifert teamed with Hall to capture the men's doubles crown. The two rolled a combined 2,852 (237.7 average) in defeating Carroll and Staff Sgt. Mark Zamora (Offutt) by 178 pins. Szeluga and Army Chief Warrant Officer Scott Huther (Fort Leavenworth, Kan.) finished third, 212 pins behind the leaders.

Seifert also finished third in the men's one-day tournament, finishing 53 pins behind Boyd and 30 pins behind Carroll.

Coy and Carroll gave Air Force the top spot in mixed doubles competition. Their 12-game 2,603 total was 55 pins better than Marine Corps Chief Warrant Officer Faye Witt (Iwakuni, Japan) and Sgt. Fred Riano (Camp Pendleton, Calif.). Howell and Hall finished third, 71 pins off the pace.

Both Air Force men's and women's teams captured first place in the one-day team competition held April 7. The Air Force men — Hall, Seifert, Carroll, Zamora, Senior Airman Steve Sayward (McChord) and Senior Airman Martin Beford (RAF Mildenhall, United Kingdom) — knocked down 7,544 pins in claiming first place. That was 201 pins better than second place Army. Marine Corps took third, followed by Navy.

Howell, McGill, Coy, Faber, Chief Master Sgt. Bobbi Boutwell (Whiteman Air Force Base, Mo.) and Senior Airman Karin Bagley (Malmstrom Air Force Base, Mont.) rolled Air Force to a 176-pin victory over Army in the women's single-day team competition. Navy finished third, followed by Marine Corps.

off the season in such a great way," Szarenski said. "Since all my training is done at the U.S. Army Marksmanship Unit, the unit is very important to my performance at this time."

Capt. Rhonda L. Bright, the 1996 interservice sport pistol champion, won the women's air pistol match April 13 with a score of 376 points plus 99.9 in the finals for a total of 475.9 out of a possible 509 points and took third place in the world cups.

Staff Sgt. Daryl Szarenski, the 1996 national free pistol champion, won the free pistol match April 11 with a score of 564 points plus 97.4 points in the finals for a total of 661 out of a possible 709 points. He also won the men's air pistol match April 13 with 579 points plus 101.1 in the finals for a total of 680.1 points of 709.

"I'm happy and proud to start

competitive if I shoot what I'm capable of."

Pfc. Travis A. Jorgenson, the 1996 junior olympic national air pistol champion, won the junior men's pistol match and took second place in the junior division of the men's air pistol match April 13.

Because of their outstanding performances, all three shooters were selected to compete at the upcoming world cups, their first opportunity to shoot a qualifying score to compete in the 2000 Olympics. Bright, Szarenski and Jorgenson will shoot at the Seoul World Cup May 7 to 14 and Bright and Szarenski will shoot at the Munich World Cup May 22 to 25 and Milan World Cup May 27 to 31.

years), grand masters (50-plus years) and wheelchair.

Awards will be given for the three fastest male and female runners in each age group: 19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 and 70 and over. Age group winners will be notified and receive prizes by mail.

The wheelchair competition is coordinated by the Program for People with Disabilities. For more information, call Tommy Hurd at (937) 257-5617.

Entries received by Sept. 1 will receive a written confirmation. Confirmations will be mailed starting Aug. 1.

There will also be team competition. Teams will consist of five members, and the first three finishing times within each team will be scored. A team registration form must accompany the fee, along with the team name, captain and individual team members' completed applications. The entire team application package must be received by Sept. 1. Team members are eligible for marathon age group awards.

All those who finish the marathon will be considered winners and will receive a medallion that depicts an Air Force aircraft. According to a race official, these medallions are the first in a series and collectors' items.

Special awards will be presented to the top male and female finishers in these categories: overall, masters (40-plus

times)

and team.

For more information or to register for the Air Force Marathon, click on "Register Now!" on the marathon Home Page (<http://afmarathon.wpaaf.mil>) or call 2nd Lt. Kimberly E. Devereux at (937) 255-2725.

(Courtesy of Air Force News Service)

USAMU shooters take World Cup selection match in Atlanta

By Paula J. Randall-Pagan

U.S. Army Marksmanship Unit Public Affairs Office

U.S. Army Marksmanship Unit international pistol shooters took the top spots in the World Cup Selection Match in Atlanta April 9 to 13, and now they're aiming at the world cups.

Staff Sgt. Daryl Szarenski, the 1996 national free pistol champion, won the free pistol match April 11 with a score of 564 points plus 97.4 points in the finals for a total of 661 out of a possible 709 points. He also won the men's air pistol match April 13 with 579 points plus 101.1 in the finals for a total of 680.1 points of 709.

"I'm happy and proud to start

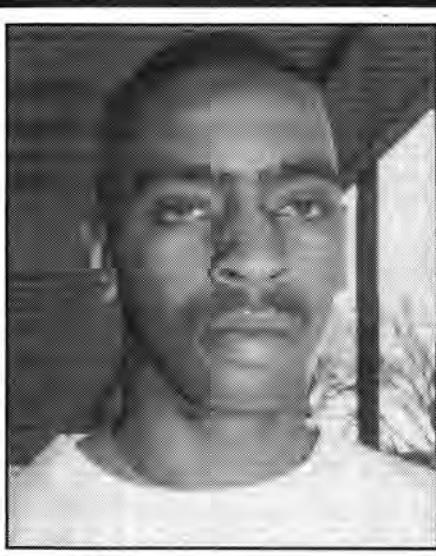
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Army Capt. Rhonda L. Bright, the 1996 Interservice Sport Pistol Champion, won the Women's Air Pistol Match at the U.S. Women's World Cup selection match in Atlanta April 13.

Athlete Of The Week
GERARD "TRIGGER" SAUNDERS

Gerard "Trigger" Saunders is a member of the C Company, 5th Engineer Battalion basketball team which was 4-1 in intramural play at Fort Leonard Wood, as of last week. The 6-foot-4 center averages about 15 points per game. Gerard plays basketball competitively since the 11th grade when he was a member of the team at Willenborough High School, in Jersey City, N.J.

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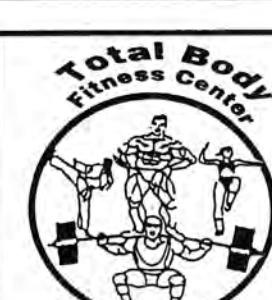
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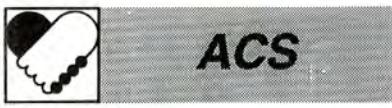
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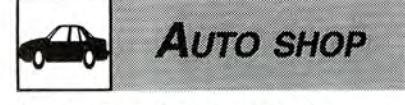
Army Family Team Building, a series of classes designed to enhance knowledge of military life, are scheduled as follows: Level I, 9 a.m.-12:30 p.m., Monday and Tuesday; Level II, 9 a.m.-2:30 p.m., Wednesday to May 23.

Free child care is available for Level I and II participants. Call 596-0186 to register for classes and child care.

Reduced hours

The Army Emergency Relief fund campaign will run through today. During this time there will be a reduction of hours for AER financial assistance appointments.

Routine assistance appointments will be made for afternoons only. If there is a death or critical illness of a family member, applications will be handled on a walk-in basis at any time during the day.

**Auto service specials**

The Auto Craft Shop is offering the following specials with a free full service car wash included:

Air conditioner service \$55

Check air conditioner, belts, check for leaks, add one 12-ounce can R12 Freon if needed. Additional freon \$25 per can. (Price good through Sept. 30)

Tire rotation and balance \$24

Oil change \$10

Service does not include oil and filter. Cooling system service \$30

Drain, flush and refill with coolant, check drive belts, hoses and all other fluids. Includes one gallon of coolant.

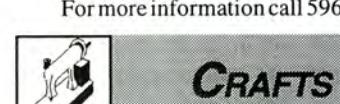
Transmission service \$35

Includes removal and replacement of transmission pan, filter and new fluid. Cost of filter is extra.

Brake service \$140

Includes replacing front and rear brakes, turning rotors/drums, packing wheel bearings as needed and rotating and balancing tires.

For more information call 596-0243.

**Craft classes**

The Arts and Crafts Center offers a variety of classes including ceramic, woodshop, and framing and matting orientations, Saturdays at 9 a.m. The following classes will be held during April:

Today, Beginning Cross Stitch class

Thursdays, Wood Carving class

The center is open Thursdays 1-8

p.m., Friday-Sunday 9 a.m.-4 p.m., closed Monday and Tuesday. The center is open Wednesday from 9 a.m.-5 p.m. to place or pick-up orders at the frame, T-shirt and print shop. For more information or to register for classes, call 596-0242.



Lowing lunch specials available Mondays from 11 a.m. to 1 p.m. for \$4.25: Monday: Country buffet. May 26: Memorial Day, closed.

Thursday night buffets

The Essayons Club is offering the following buffet specials, 5:30-9 p.m.: Today: German buffet.

May 22: Country buffet.

May 29: German buffet.

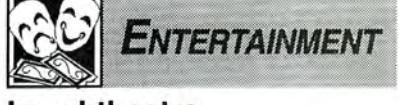
Buffets are half price for children under age 11. Call 329-6500 for more information.

TGIF dinner specials

The Essayons Club is offering a seafood buffet dinner special served 5:30-9 p.m., Fridays during May for \$9.95. Add an order of crab legs for an additional \$2.

Dinner special

The Essayons Club's May special is a 9 oz. Chicken Wellington with rice pilaf, mixed vegetables, salad, rolls and coffee or tea for \$8.95. The special is good 5:30-9 p.m. nightly.

**Local theatre**

The Regional Opera Co., Theatre in Newburg, Mo., has the following performances scheduled for this summer:

"Mrs. Ryan's Heirs," a drama of a young courageous lady. Performances May 23, 24, 30, 31.

"Amos Moses," a social satire. Performances June 20, 21, 27, 28.

"The Snowbirds," a comedy of a dysfunctional family. Performances July 18, 19, 25, 26.

"The Fledgling," a contemporary comedy. Performances Aug. 22, 23, 29, 30.

All performances are at the Old Opera House in Newburg at 8:30 p.m. Tickets sold at the door for \$5 adults, children \$2.

Discount tickets

Carlson Wagonlit Travel, Building 496, has the following amusement park discount tickets available:

Six Flags- Adult one-day: \$26.50, Child-

What's Up

Fort Leonard Wood at a glance

(age 4-10) one-day: \$20, Adult or child season pass: \$56.50

Silver Dollar City- Adult one-day: \$26, Child (age 4-11) one-day: \$15.50, Adult season pass: \$39.50, Child season pass: \$28.

Disney World- Four-day park hopper (active duty military only.) Adult \$149, Child (age 3-9) \$119.

**Vet clinic special, news**

Save up to 75 percent on discontinued inventory items in May at the Fort Leonard Wood Veterinary Treatment Facility.

All Fort Leonard Wood pets must have up to date vaccinations from either an on-post or off-post veterinarian.

Beginning May 2, the new hours at the clinic are 8 to 11 a.m., closed 11 a.m. to noon, open noon to 4 p.m.

The facility is open to active and retired military personnel. For more information, call 596-0094.

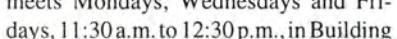
Fit Friends

Fit Friends, a fitness program for women, meets Tuesdays and Thursdays, 8:30 a.m., at Davidson Fitness Center.

Participants learn basic fitness techniques and other fitness and wellness information. For more information, call Maj. Ellen Summers at 596-0491.

Alcoholics Anonymous

Alcoholics Anonymous Rule 62 Group meets Mondays, Wednesdays and Fridays, 11:30 a.m. to 12:30 p.m., in Building 315, Room 332.

**Self Help cleaning class**

The Housing Division Self Help

Infant loss support group

The General Leonard Wood Army Community Hospital's chaplain's office is sponsoring an infant loss support group this spring for families who have experienced the death of a baby through miscarriage, ectopic pregnancy, stillbirths, Sudden Infant Death Syndrome or infant death.

The group meets alternate Thursdays, 7-8:30 p.m., in the Medical Department Activity classroom for eight sessions. Each night focuses on a different aspect of grief. For more information, call Chaplain Groseclose, 596-1678, or Kathi Derse, 774-3679.

AI-Anon

AI-Anon, a support group for families and friends of those with alcohol addiction and abuse problems, meets Tuesdays, 11:30 a.m.-12:30 p.m. in Building 315, Room 332.

ACOA meeting

ACOA, a support group for adult children of alcoholics and or dysfunctional families meets Mondays, 6-7 p.m. in Building 315, Room 332.

Overeaters Anonymous

Overeaters Anonymous meets Mondays, 7 p.m., at the Fort Wood Christian Church on Y Highway. Call 774-6184 or 774-3092 for more information.

**Club Latinos Unidos**

Club Latinos Unidos celebrates all Mothers at their Saturday dance at the Essayons Club. Music begins at 9:30 p.m. All club activities are open to the public. Call 774-6476 for more information.

**Shooters sought**

The Fort Leonard Wood Community Sportsman's Center invites all shooters to join the National Skeet Shooting Association Skeet League. The league will shoot over a 10-week period, 50 targets each week for a total of 500 targets. You do not have to be a member of the NSSA to participate in this event.

The cost is \$20 per person, plus target cost. Targets are \$2.50 per round. If a registered shooter and interested in registering targets with the NSSA, the cost is an additional \$10, paid in advance.

**Armed Forces Appreciation Day**

All Military Personnel Are Invited

When: Saturday, May 17th • 9:00 a.m. - 4:00 p.m.

Where: SAM'S Club • Springfield, MO.

Register for Door Prizes. Refreshments will be served

**SAM'S Club Information Center**

A representative will be available to answer questions & register new members at the

St. Robert Wal-Mart

Friday, May 16

9:00 a.m. - 5:30 p.m.

To join, present proof of affiliating with a qualifying organization and pay the \$25* annual fee. Add a membership card for a friend or family member for only \$10*. *plus tax where applicable.

SAM'S Club • 3660 E. Sunshine • Springfield, MO 65809 • 417-882-5037

**Armed Forces Appreciation Day**

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Register for Door Prizes. Refreshments will be served

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Book discussion

The Friends of the Library is hosting a discussion about Margaret Atwood's book, "The Handmaid's Tale," Monday at 7 p.m.

For more information on the discussion, or to purchase the book at a discount, call Karen Morgan at 774-8459.

Engineer reunion

The 20th Engineer Brigade will hold their fifth annual reunion in Memphis, Tenn., July 25-27.

For more information, call George Montoya at (901)752-5665.

Thrift shop hours

The Fort Leonard Wood thrift shop is open Tuesday through Saturday from 9 a.m.-3 p.m. No consignments or office business on Saturday.

The thrift shop needs volunteers.

Benefits include free childcare and flexible scheduling. For more information, call Jo Montgomery at 329-4707.

OCWC news

The final luncheon for the Officers and Civilian Women's Club 1996-97 season is scheduled for May 22, 11:30 a.m. at the Essayons Club.

Make reservations by May 20. Last names A-M call 336-5822, N-Z call 336-2813, be sure to specify hot or cold meal.

During the luncheon, OCWC will be auctioning off bird houses decorated by OCWC members.

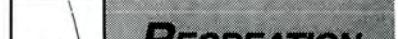
Special Emphasis Program

The Special Emphasis Program meets the third Wednesday of the month, 1 p.m. in the conference room, Building 1000. For more information call 596-0602.

Grief support group

The group is for widowed persons in the Fort Leonard Wood area, and topics of discussion include grief issues, coping with change and loneliness.

For further information contact Christine Brown, 596-0131, ext. 6-7367.



with league fees. Prizes will be awarded. Call the Outdoor Recreation Center at 596-4223 for more information.

Monthly specials

The May specials include rent a 16 or 48-quart ice chest and get free ice, or rent a three-speed bike for \$4/day and \$8/weekend, or a 21-speed bike for \$9/day and \$18/weekend.

The May float trip special is \$18 per canoe for four hours, or \$22 per canoe for six hours. There is a four canoe minimum, and trips are available by reservation only.

To ensure availability, make reservations immediately. Call 596-4223 for reservations or more information.

Hours of operation

The Outdoor Recreation Center's new operating hours are Thursdays through Mondays, 9:30 a.m.- 5:30 p.m. Closed Tuesdays and Wednesdays.

Hunting and fishing news

The Stone Mill Trout Stream will be stocked with fish Friday, May 16, 23 and 30. Fishing is not permitted the day of the stocking until after 6 p.m.

Anglers must have a valid Missouri and post fishing and trout permit. Call 596-4223.

The following hunting seasons are approaching:

Ground hog season, Now -Dec. 15.

Coyote season, Now -March 31, 1998.

Squirrel season, May 24 - Jan. 15, 1998.

Hunters must have a valid Missouri and post hunting permit. For more information, or to get a Missouri license or post permit, call 596-4223.

Skeet shoots

The Community Sportsmen's Center holds skeet shoots Wednesdays from 3 p.m. to dusk.

Also, those interested in reestablishing the Community Sportsmen's Center on a full-time or part-time basis should stop by the Outdoor Recreation Center and fill out an interest questionnaire.

For more information, call 596-4223.

Lady's golf

The Piney Valley Golf Course is sponsoring a ladies' golf program. The program consists of:

Beginners' clinic: Wednesday and May 28 and June 4 and 11.

Intermediate clinic: July 9, 16, 23 and 30. Participants must have attended previous clinic.

Clinics cost \$25 each and will run from 9:30-10:30 a.m. All equipment will be available during the clinics.

For more information call the Piney Valley Golf Course at 329-4770.

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Students get an "earie" lesson in hearing

By Steve Brady
ESSAYONS Staff

May is better speech and hearing month. In recognition, students at Thayer and Williams elementary schools received a lesson about the ear.

On Friday, Diane Brady, audiologist and Chief of Audiology at General Leonard Wood Army Community Hospital, spoke to students at Thayer Elementary. Classes got a brief lesson about the ear's anatomy, how the ear processes sounds and how to care for their hearing.

"There's three bones in the ear, and you have to take care of your ears or you could get a hearing loss," Ryan Zelenka, 10, said after the lesson. "Then it would be hard to hear other people and hard to communicate."

"You shouldn't listen to loud music, it can hurt your ears," classmate Jared Weldin, 9, added. "It's important to take care of your ears because you might get a hearing loss," he said.

The students also learned what

types of sounds are bad for ears.

"I didn't know that when you use a lawnmower it can damage your hearing," said Angelica Longoria, 9. "You should wear earplugs when you use the lawnmower, and take care of your ears now. That way you won't lose your hearing and can hear for the rest of your life," she said.

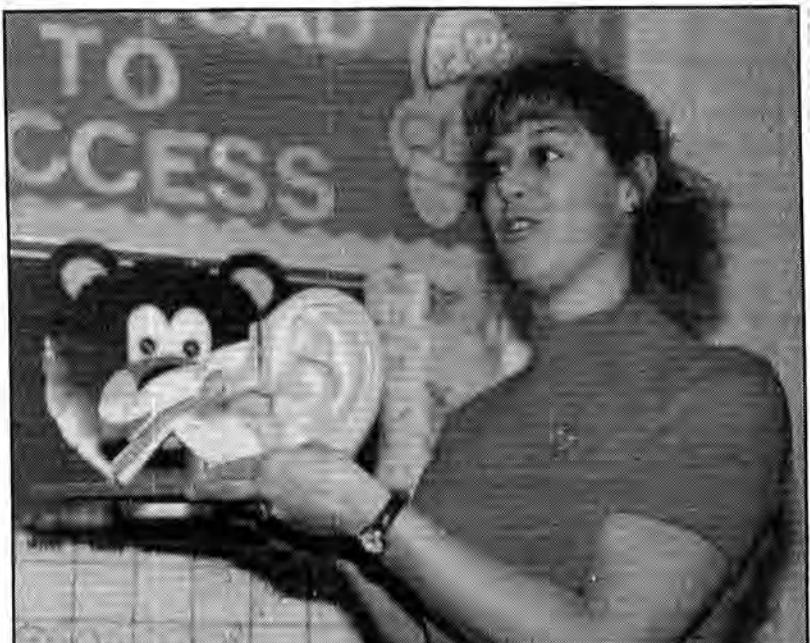
Other sounds Brady mentioned that could harm hearing are gunshots, loud engines and music.

"The students need to know that common sounds can damage their ears, and I want them to protect their hearing," Brady said. "It's important to educate them when they're young, so they'll protect their hearing as they get older."

"I want to inform them before they damage their ears, because once the damage is done, it's permanent and they may be forced to wear hearing aids," she added.

Students at the schools studied the mouth and the ear, drew posters, and made mouth and ear diagrams.

"Hopefully they'll remember this information, and always protect their ears," Brady said.



(Left) Ben White listens to a hearing aid during the presentation at Thayer Elementary School Friday.

(Top) Diane Brady, audiologist at General Leonard Wood Army Community Hospital, shows the class a model of the ear for Better Speech and Hearing Month.

(Right) Blake Graham inspects a display of the three bones that make hearing possible.



MEDICAL NEWS

MEDDAC fitness march

Get some exercise for fitness sake! The Health Promotion Center, Physical Therapy and Preventive Medicine clinics of Medical Department Activity are hosting a "MEDDAC Fitness March" in honor of Federal Fitness Day, Wednesday.

The Fitness March will be on the Engineer Trail (across from Morelli Heights), from 11 a.m. to 1 p.m.

Marchers determine their own distance. Everyone interested should meet in the emergency room parking lot on the north east side of the hospital.

Gatorade will be provided for the walkers, and spotters will be available for assistance.

The Fitness March is at your own pace and is designed to heighten awareness of Federal Fitness Day. For more information, call Cindy Plank at 596-0491. (From a GLWACH news release.)

Fitness lowers cholesterol, blood pressure

By Daniel Rendeiro
Special to ESSAYONS

We've all heard the call to become more physically active over. A moderately paced, balanced fitness training program can take

many forms, and should be tailored to one's interests and abilities. But certain elements should be remembered to ensure best results for the effort.

Scientific evidence is clear

that exercise lowers cholesterol, reduces blood pressure, lowers the amount of fat in the body, and decreases the risk of cardiovascular disease. In addition, exercise lowers anxiety levels, which may indirectly protect against heart disease. In general, the human body was meant to move, and in order to stay healthy we need to move.

Because modern technology has lessened the physical demands of the workplace and normal activities like housework and yard work, we need to be more active in our leisure time.

The American College of Sports Medicine recommends three to five sessions per week of an aerobic activity, and two sessions per week of a strength training activity. Aerobic sessions should last at least 20 minutes. The ACSM recommends that the heart rate reach 60 to 90 percent of maximum during aerobic training, while weight loss research indicates that a greater percentage of energy expended comes from stored fat if exercise is at a lower intensity. Strength training increases muscle strength, therefore making daily physical tasks easier. It also increases bone strength and reduces the risk of osteoporosis.

Anyone over 40 years of age, or anyone with a family history of cardiovascular disease, should check with their doctor prior to beginning an exercise program.

For information on exercise and fitness, call 596-1707 or 596-0491. (Capt. Rendeiro works in the Physical Therapy Clinic at GLWACH.)

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--	--	--

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FORT LEONARD WOOD'S BEST

DOL recognizes outstanding units

B Company, 35th Engineer Battalion recently won the "Best Unit Clothing Issue Facility Turn-In Award" and B Company, 58th Transportation Battalion took runner-up for second quarter fiscal year 1997. Both awards were presented to the units in Wolfe Hall, the 1st Engineer Brigade Headquarters, Monday, by Directorate of Logistics personnel.

Turning in CIF for training units happens on a regular basis, and can be an extremely difficult and time-consuming operation. Most units have numerous shortfalls, requiring more than one trip to CIF to clear their hand receipts. All equipment and clothing must be squeaky-clean and packed in the reverse order in which it appears on each individual's clothing record. Not difficult enough? Compound this by having anywhere from 80 to 200 soldiers trying to do it simultaneously, and you get some idea of the extent of the problem facing both the units and the CIF warehouse chief, Gene Sewell.

"A unit's attention to detail prior to CIF turn-in can make the entire event a smooth operation with no difficulties or surprises," said Brian Morrisey, director of logistics. "Mr. Sewell and his folks have gone to great lengths to streamline the turn-in process and minimize the impact it has on the units."

"These two companies have done an outstanding job of following our guidelines," commented Mr. Sewell. "In fact, both B-35th and B-58th always do well."

"These awards are just our way of showing our appreciation. We here at CIF try hard to work with the units doing turn-in so that they can get back to doing the things they need to do, namely training soldiers," he added.

Capt. Craig Summers, commander of B Company, 35th Engineer Battalion, accepting the first-place award from Sewell commented, "I'm just here representing all the great drill sergeants in my company. They are the ones who deserve the credit."

Col. Frank Ellis, 1st Engineer Brigade commander expressed his admiration for the effort of the drill sergeants and unit leadership at the award presentation.

"CIF turn-in is not a trivial exercise. Like everything else it requires planning, tough standards, and attention to detail in execution. These companies have met the standards set by DOL, and along with the rest of the brigade, I applaud their efforts. I also appreciate DOL recognizing these soldiers and their performance."

(From 1st Brigade S-4.)



(Top) Brian Morrisey, director of Logistics, and Gene Sewell, central issue facility, present the award to Capt. Craig Summers, B Company, 35th Engineer Battalion commander and Col. Frank Ellis, 1st Engineer Brigade commander.

(Bottom) Morrisey and Sewell award B Company, 58th Engineer Brigade drill sergeants Sgt. 1st Class Michael Sims, Staff Sgt. Anthony Thomas, Staff Sgt. Kurt Schmidt, Staff Sgt. Ira Allen and Sgt. Douglas Erickson, Ellis in rear.

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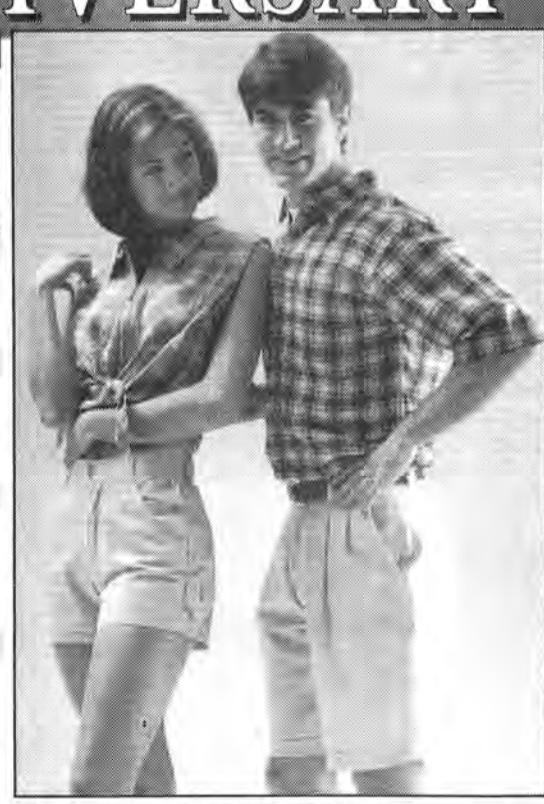
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ESSAYONS, "Let Us Try"

Volunteers recognized

The Fort Leonard Wood Thrift Shop recently recognized the following volunteers for their service:
Barbara Burton, 30 years
Bonnie Payne, 30 years
June Wethers, 24 years
Lydia Freeman, 22 years
June Osterholts, 21 years
Alberta Hooper, 15 years
Herta Kiger, 11 years
Maria Loudermilk

Each woman received a commanding general's coin.

Additionally, the thrift shop announced 1996 donations to the community amounting to more than \$31,000. Benefactors include: American Red Cross, The Ronald McDonald House, Linking Hearts adoption program, St. Nicholas benefit, Waynesville R-VI special education, Fort Leonard Wood Christmas Exodus, Moral, Welfare and Recreation, Christmas food voucher program, Volunteer appreciation ceremony, the U.S.O., Harry Truman Veteran Hospital, We're Against Violence Everywhere, Project Graduation, Fort Leonard Wood Retirement Council, Y.M.C.A., Missouri Special Olympics, Girl Scouts and Army Community Services.

Drill sergeants of the cycle



Staff Sgt. Harold Fregia is the Libby NCO Academy/Drill Sergeant School drill sergeant leader of the cycle for class 6-97.



Staff Sgt. Calvin Royal Jr. is the Libby NCO Academy/Drill Sergeant School drill sergeant leader of the cycle for class 5-97.

Fregia, a Deer Park, Texas, native, has been a drill sergeant since March 1996. He resides on Fort Leonard Wood with wife Audra and sons Jacob and Joshua.

Royal, a Tarpon Springs, Fla., native, has been a drill sergeant since September 1994. He resides in Waynesville.

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James Brown's Products taste good, and do good.



When You Buy James Brown's Original™ Products At Your Commissary --- You're Helping The Armed Services YMCA. We Donate 3% Of The Price (which translates to approximately 50% of the profits from the Sale of these products), To ASYMCAs Programs.

RECIPE
Barbecue Joes Casserole
Like sloppy joes, only served as a casserole. Chop 1 onion and brown with 1 pound ground meat. Stir in 8 oz. James Brown's Original™ Spicy Barbecue Sauce, 2 teaspoons mustard, 1/3 cup catsup, 1/4 teaspoon liquid garlic, dash of black pepper, and 1/4 cup brown sugar. Spread mixture in 9" pan. Mix 1 cup biscuit mix, 1/2 cup milk, and two egg whites. Pour over meat mixture. Bake at 400 degrees for 20-30 minutes. Makes 6 servings.

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<http://www.jamesbrownent.com>

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E-1 And Above And Civil Service



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St Robert, MO

Pulaski County Classifieds

Waynesville/St. Robert Area Call: 573-336-3435 or Fax: 573-336-4471
 Richland/Laquey Area Call: 573-765-3391 or Fax: 573-765-3235

Ad Deadline is Noon Monday for Midweek Publication

CHECK YOUR AD

Classified advertisers should check their advertisements in the first week that they appear and report any errors at once.

CLASSIFIED INDEX

AGRI-BUSINESS

Equipment/Supply	6010
Hay/Feed/Seed	6020
Livestock	6030
Produce	6040
ANNOUNCEMENTS	
Anniversary	6050
Bundle of Joy	6060
Card of Thanks	6070
Happy Birthday	6080
Lost & Found	6090
Personal	6100

Special Events..... 6110

Special Notices..... 6120

EMPLOYMENT

Agriculture	6130
Cashiers	6140
Clerical	6150
Clerks	6160
Child/Elderly Care	6170
Construction	6180
Education	6190
Food Services	6200
Government	6210
Industry	6220
Janitor/Cleaning	6230
Management	6240
Mechanic/Tech	6250
Medical	6260
Miscellaneous	6270

Opportunities..... 6280

Retail..... 6290

Sales..... 6300

Seasonal..... 6310

Situations Wanted..... 6320

Transportation/Drivers..... 6330

Welders..... 6340

FINANCIAL

Business Opportunity..... 6350

Loans/Investments..... 6360

MERCHANDISE

Antiques..... 6370

Appliances..... 6380

Computers/Accessories..... 6390

Furniture..... 6400

Lawn/Garden..... 6410

Miscellaneous..... 6420

Musical Instruments..... 6430

Pets/Supplies..... 6440

Wanted..... 6450

Wood/Accessories..... 6460

REAL ESTATE RENTALS

Apartments/Duplexes..... 6470

Homes..... 6480

Mobile Homes..... 6490

Mobile Home Lots..... 6500

Office/Commercial..... 6510

Wanted..... 6520

REAL ESTATE SALES

Business Property..... 6530

Farms & Acreage..... 6540

Homes For Sale..... 6550

Lots..... 6560

Mobile Home Sales..... 6570

Other..... 6580

Wanted..... 6590

RECREATION

Boats & Motors..... 6600

Campers & Trailers..... 6610

RV Parts & Accessories..... 6620

Wanted..... 6630

SERVICES

Air Conditioning & Heating..... 6640

Backhoe/Bulldozer..... 6650

Chat/Dirt/Gravel..... 6660

Child Care..... 6670

Cleaning..... 6680

Construction..... 6690

Electrical/Plumbing..... 6700

Health & Beauty..... 6710

Home Services/Misc..... 6720

Home Health Care..... 6730

Instruction..... 6740

Lawn/Garden/Landscape..... 6750

Painting..... 6760

Roofing..... 6770

Tree Service..... 6780

Typing/Bookkeeping..... 6790

TRANSPORTATION

Aircraft..... 6800

Antiques/Classics..... 6810

ATVs..... 6820

Automobiles..... 6830

Heavy Equipment..... 6840

Motorcycles..... 6850

Parts & Services..... 6860

Trucks & 4x4s..... 6870

Vans..... 6880

Wanted..... 6890

AUCTION BLOCK

6900

LEGALS

6990

GARAGE SALES

6000

All ads appear in The Pulaski County Democrat, The Fort Leonard Wood Essayons, and The Richland Mirror. Over 11,500 homes

Pulaski County Classifieds READ WEEKLY in The Pulaski County Democrat, The Fort Leonard Wood Essayons, and The Richland Mirror, HEARD 24 HOURS A DAY, 7 DAYS A WEEK ON ... **PULASKI COUNTY**

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Hear the classified ad of your choice

1. Call: 573-336-3669 Waynesville/St. Robert 573-765-3184 Laquey 573-736-2598 Crocker
2. Enter the 4 digit index number for the classified category you want to hear
3. You may enter up to 10 index numbers per call

RECREATION

Boats & Motors..... 6600

Campers & Trailers..... 6610

RV Parts & Accessories..... 6620

Wanted..... 6630

SERVICES

Air Conditioning & Heating..... 6640

Backhoe/Bulldozer..... 6650

Chat/Dirt/Gravel..... 6660

Child Care..... 6670

Cleaning..... 6680

Construction..... 6690

Electrical/Plumbing..... 6700

Health & Beauty..... 6710

Home Services/Misc..... 6720

Home Health Care..... 6730

Instruction..... 6740

Lawn/Garden/Landscape..... 6750

GENERAL ASSIGNMENT

REPORTER FOR THE LEBANON DAILY RECORD

Afternoon and evening hours.

Photographic ability a must. Sports writing a plus. Mac experience in Photoshop and Pagemaker helpful.

Contact:

Eric J. Chism

290 South Madison

417-532-9131

or send resume to:

The Lebanon Daily Record

P.O. Box 192

Lebanon, MO 65536

BUYING OR SELLING A MANUFACTURED home?

We offer financing and refinancing, low rates and low down payment. Greentree Financial Corp. 1-800-392-4276.

GARAGE/YARD SALES

RT. 66 FLEA MARKET, OPEN Wednesday and Saturday on AB highway, southwest of Laquey. 573-765-5323.

WISHING WELL TOO FLEA MARKET

Just off A-Road 765-5653. New owners, lots of neat stuff. Booth spaces available inside and out. yard sales every weekend, set up for \$5.

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Disabled American Veterans Auxiliary. Chapter 49. May 15th & 16th. Stuff, stuff and more stuff. Plus clothes all sizes. Highway 17. Five miles North of Waynesville. Five miles South of Crocker.

HUGE MOVING SALE MAY 16th & 17th

Swedeborg Road to Retro Lane, 1st driveway on left, follow balloons! 573-774-3015.

HELP WANTED

NEED 150 PULLERS AND/OR SETTERS

for Missouri State Trapshoot, May 14, 15, 16, 17 & 18. Minimum pay \$40 a day. Call B.J. Wilson at Missouri State Trapshooters Association (573)346-2449, Linn Creek, MO.

DRIVERS/OTR

\$2,000 sign on bonus for teams. Orientation bonus.

Freight. New conv. Equip.

Time off at home. We pay for experience.

Call 1-800-325-0253

Danny Herman Trucking

EOP

MANAGING EDITOR/DESIGNER

Wanted immediately for monthly publication in Mid-Missouri. Job requires ability to manage deadlines effectively, excellent writing and desktop design skills. Prefer experience in QuarkXPress. Salary \$16-25K dependent upon experience. FAX resume to Danna Gresh 573-364-9216.

HELP WANTED**HELP WANTED****HOMES FOR SALE****MUSIC****REAL ESTATE****SPECIAL NOTICES**

FLORAL MANAGER/DESIGNER and DELIVERY Person for Fort Leonard Wood Flower Shop. FT/PT experience preferred. Paid Holidays Vacation and Profit Share. Call Rose at 301-932-7600.

PARAMEDIC, COMPETITIVE SALARY, excellent benefits, call 816-633-4411.

ATTENTION OTR DRIVERS - American Central Transport is now hiring company, o/o and NEW-no money down lease program drivers. Great miles, 95% no-touch, 50% drop/hook. Home often! 25 YOA, OTR experience, w/HAZ, clean MVR. Call 1-800-342-1350..

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LICENSED LIFE & HEALTH AGENT needed. Quality products, high commission with advance before issue and benefits. (Must qualify for advance & benefit 1-800-252-2581)

DRIVE A LATE MODEL CONVENTIONAL. For more money + benefits. Be a name not A number! Home often, Midwest company needs good hands! 1-888-213-9968.

DRIVER-OWNER OPERATORS. Anderson Trucking Service is now leasing. Free plate/permits. No up front money required. Call Anderson Trucking Service: 1-800-241-8787.

DRIVER ATTENTION: COMPANY drivers/owner ops. Its your call. Van flatbed, dedicated singles or teams. No experience? No problem. Training available. Builders Transport. I-800-762-1819.

DRIVERS - HIRING DRIVERS, 27-29¢/mile, premium equip, 401k, guaranteed get home. Assigned tractors, insurance available.. Up to 4 wks. paid vacation. SilverEagle/Arnold Transport 1-848464321.

MECHANICS JOBS. Good pay, regular raises. High school diploma grads ages 17-34. Must relocate. Call 1-800-634-9407 for local interview 8 a.m. to 8 p.m.

ELECTRICAL TECHNICIANS. Entry level positions available. Must be high school diploma grad, college credit helpful (not required) ages 17-34. Must relocate. For local interview, call 1-800-634-9407 8 a.m. to 8 p.m.

HAVING A GARAGE OR YARD SALE and you want everybody to be there? Our classified section covers three papers: Essays, Pulaski County Democrat and now the Richland Mirror. We can spread the word for you!! Call 336-3435, Allison or 765-3391, Pheobe to place your ad today.

DID YOU FIND ITEMS YOU DIDN'T know you had when you were spring cleaning? Do you want to get rid of them? Call 336-3435 or 765-3391 to place a classified ad.

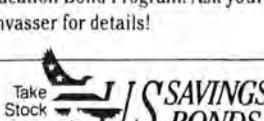
Hot Dogs.
Lemonade.
Seat Belts.
Live it up this summer.



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Every child should have an opportunity to reach their star. Put your child on the path to that goal by starting an education fund early. Save regularly by buying U.S. Savings Bonds through the payroll savings plan. Since January 1990 bonds purchased and redeemed to pay education expenses may be totally tax exempt. Income limits and other eligibility requirements apply to the Education Bond Program. Ask your canvasser for details!



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AVAILABLE OPENINGS: DRIVERS, teams & singles. 1yr. experience. 48 states & Canada Weekly pay. Incentive pay. Health ins. Loading/unloading. Call WLI Inc. 1-800-654-0528.

FRIENDLY TOYS & GIFTS HAS immediate openings in your area. Number one in party plan: toys, gifts, Christmas, home decor, free catalog & information. 1-800-488-4875.

ATTENTION DRIVER. THE BEST just got better by paying you more. Team drivers & driver trainers, it pays for you to call & find out. Covenant Transport. Experienced drivers, owner/operator teams 1-888-MORE-PAY. Graduate students 1-800-338-6428.

DRIVERS. Drive for SMX PREMIER flatbed & oars carrier. Independent contractors, company drivers: quick pay; excellent freight system; first in, first out dispatch; 24 terminals; benefits; longevity/safety bonus; rider program; driver referral; paid stop off. Smithway Motor Express, Joplin, Mo. 1-800-568-6828. Specialized Flatbed Division. 1-800-235-9826.

"TEAM" UP WITH US. COMET transport, subsidiary of USFreightways, need experienced teams. All new equipment & operation center. Some solos needed. 1-800-351-1437, 1-800-770-3725.

DRIVE TO OWN. EXPERIENCED drivers 0 down/80¢ all miles. Ownership 36 months. Avg. 10,000+ miles/month. Company drivers: newer equipment. Competitive pay/benefits. New Apple Lines 1-800-843-8398 or 1-800-843-3384. Call.

DRIVERS. TRANS-STATES LINES offer expanded regional & OTR. More home & \$\$\$, Reginal prefers 8 mo. exp. Students welcome. Free training available 1-800-527-9568. EOE.

DRIVER - MORE EXPERIENCE means more money with our new pay scales & new grads get tuition reimbursement. Call Gainey Transportation Services now. 1-800-677-9545.

PROFESSIONAL DRIVERS NEEDED, no East Coast & earn up to 40K. Top of the line equipment. Excellent benefit package. Call G.F. LaCaesey for details. 1-800-645-3748.

POLICE OFFICER WANTED, CITY of Gainesville, Mo. Salary & benefits. Send resume to City Council, c/o B.F. McClelland P.O. Box 355, Gainesville, Mo. 65655.

HOMES FOR SALE

3 BEDROOM HOME, 3 BATH, 2 car garage. \$69,000. 100% financing available W.A.C. Call Tim at 573-336-5208.

4 BEDROOMS, 3 BATH TRI-LEVEL 2500 st. ft. home, located in Waynesville school district. Includes fireplace, patio, breakfast bar, pantry, utility room. Well maintained subdivision. \$109,500. Simmoneaus Realty 573-336-3838.

HARLAN LANE. NICE, MODERN, 3-4 bedrooms, 2 bath, all appliances, nice big yard, walk-out basement, mostly furnished. Would consider owner financing. A real bargain. 573-336-5430 after 6 p.m. king

2 HOMES FOR SALE: 1) 2 BEDROOM w/full basement, 1 bath. \$45,000. 2) 3 bedroom, w/full basement, 1 bath. \$48,500. 100% financing W.A.C. Very affordable payment plan. Why rent when you can own? Call Tim at 573-336-5208.

FOR SALE BY OWNER: Small town living at its best! Nice 2 bedroom, 1 bath, attached garage house. Located on a very nice street (Plainview Drive) in Houston, MO. (40 miles from FLW) 2 large screened in porches ready to enclose for added room. Large lot with chain-link fence nice storage building. Central heat and A/C. Newer carpet and paint. Got married need to sell!! \$45,000 (may need to right person for \$400/mo. Call 573-493-2435.

NEW RANCH HOME ON 3 ACRES, 3 bedrooms, 2 baths, 2 car garage. Minutes from Ft. Wood, in Crocker School District. Beautifully shaded yard and deck. \$85,900. Simmoneaus Realty 573-336-3838.

LIVESTOCK

SERVICE AGE REGISTERED ANGUS for sale: at the farm-\$650, delivered in Missouri--\$675. Grove Angus Farm, Plato, MO. 65552. (417)458-4853.

LOST & FOUND

THE FOLLOWING ITEMS WERE turned in as lost, abandoned or unclaimed property: bicycles (various sizes), T.V. Anyone who lost personal or government property should contact SSG Bandy at 573-596-0579 or 573-596-0586.

MEDICAL/HEALTH

20/20 WITHOUT GLASSES! SAFE, rapid, non-surgical, permanent restoration 6-8 weeks. Airline pilot developed. Doctor approved. Free information by mail: 1-800-422-7320 ext. 219, 1-406-961-5577, <http://www.visionfreedom.com> Satisfaction guaranteed.

DIABETICS SAVE \$\$\$ ON SUPPLIES. Medicare pays for your supplies if you use insulin. Medicare billed direct. Satisfaction guaranteed. Mention AS-AA03. 1-800-748-1662.

RESPIRATORY PROBLEMS? Paying for medications? Why? Do you use Albuterol (Proventil, Ventolin), Ipratropium (Atrovent), Metaproterenol (Alupent), or other nebulizer medications? Call Express Med 1-800-678-5733.

HARDY/EVENING SHADE, ARK. area. Assume payments \$88.12/5.2 Ozark Mountain wooded acres with Spring River access. Excellent hunting/fishing. Tall trees. Watkins Co. 1-800-809-1415.

OWN FOR THE PRICE OF RENTING! Build your home NOW, without the downpayment banks demand. Complete construction/permanent financing if qualified. DeGeorge Home Alliance, 1-800-343-2884.

DON'T MONKEY AROUND! Place Your Ad In & On The Classifieds

Advertise your services or turn an unwanted item into instant cash with a cost-effective ad in and on The Classifieds

Classified Ad Gram

BURNETT MUSIC COMPANY

*Instrumental instruction in Strings, Reeds, Brass and Violin, Gospel, Piano, Bass Guitar, Contemporary Voice.

*Expanding print music to include Solos, Instrument, Piano Methods.

*A complete line of common musical supplies.

Hours:

10:00 a.m. to 7:00 p.m. M-F
9:00 a.m. to 6:00 p.m. Sat.
or by appointment.

Hidden Valley Plaza
573-336-2733.

MOTORCYCLES

READY CASH FOR USED MOTORCYCLES! Call Skyline Honda Yamaha, 573-336-3532, today - we're eager to deal!

1996 HARLEY 1200 CUSTOM, loaded. \$9,850 OBO. Call 573-329-3704, ext. 4302 or 1-888-498-9663.

PETS

PAWS! WE HAVE PUPPIES, KITTENS, cats & dogs. State law requires animals to be spayed or neutered, which causes our minimum donation to increase to \$40 for kittens, cats, puppies & dogs. For more information call 573-336-3297 or come by P.A.W.S. (Pulaski Animal Welfare Society) 2 1/2 miles down Zeigenbein Road, St. Robert. Follow signs. Hours: 7 days a week, 10am-2pm.

SAVE-A-LIFE PAWS HAS GROWN dogs & cats desperately needing homes, most spayed & neutered, purebreds & cute mixes. Straw, dog-houses, food, litter, fencing are badly needed. Please help now! 573-336-3297.

PET SUPPLIES

MONTHLY FLEA PROGRAM need help? Ask MFA AGRI SERVICES 765-3301 about the HAPPY JACK 3-X FLEA COLLAR. Kills adult fleas without internal problems.

REAL ESTATE

SO. COLORADO RANCH. - 48 ACRES - \$29,900. Beautiful mix of rolling fields & trees w/ spectacular mtn. views & abundant wildlife. Minutes to lake & national forest. Owner financing. Call now 1-719-564-6367 Red Creek at Hatchet.

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DON'T MONKEY AROUND! Place Your Ad In & On The Classifieds

Advertise your services or turn an unwanted item into instant cash with a cost-effective ad in and on The Classifieds

NEW DEADLINES:
Noon
Monday

Classification

Check

Money Order

Visa

Master Card

Mail or Bring To:

Pulaski Co. Democrat/ESSAYONS

P.O. Box 831 SRB 103-104 E. Business Rt. I-44

Waynesville, MO 65583 573-336-3435

Or Stop By The Richland Mirror

LAKE OF THE OZARKS REALTY

free Real Estate guide, 1-800-708-7858, email LOTOR@OZARKS.NET.

SERVICES

NEED YOUR LAWN MOWED? Call 573-336-4019.

SPECIAL NOTICES

The Ft. Wood C.I.D. is currently investigating the theft of a computer from the U.S. Army Engineer Center between 21-31 March of 1997. A reward of \$250.00 will be awarded for information resulting in the recovery of the computer and the arrest and conviction of the offender(s) P.O.C. for this action is SA Bryan Stewart or SA Mark Howel, FLW C.I.D., at 596-0273.

AMERICAN LEGION POST #240 is accepting donations to the E.M. Bedinghaus memorial scholarship fun. Please send to Post #240, Richland or give to Frank Pemberton.

NOTICE OF SOLICITATION FOR BIDS

Bids will be received until 5/15/97 at Good Samaritan 1809 Historic Route 66, Waynesville, for remodeling & renovations of Pulaski County Crisis Center. Copy of plan & specifications can be attained at Good Samaritan. Any subcontractors must comply with EOE standards and submit documentation with prevailing wage laws. Contact Judy Corse 774-6012.

GOT A CAMPGROUND MEMBERSHIP or timeshare? We'll take it. America's most successful resort resale clearinghouse. Call resort sales information toll free hotline 1-800-423-5967.

SWEDISH STUDENT & OTHER Scandinavian, European, South American, Asian, Russian exchange students arriving August. Become a host family/AISE. Call 1-800-5145.

WANTED

WANTED: YARDS TO MOW. No yard too big or too small. Experienced, reliable, and have references. Call (573) 765-5145.

WANTED TO BUY

WANTED TO BUY: USED FURNITURE and appliances. Call 573-336-5022.

WANTED TO BUY: JUNK CARS, pickup service available. Call 1-800-739-3933.

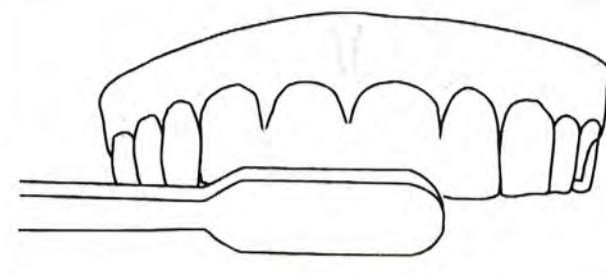
WANTED: USED 1,000 GALLON propane tank. Call 417-532-6851.

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When it comes to real estate, the first place most people look is in the Classifieds. And they keep on looking -- week after week. So whether you're buying or selling it pays to do your homework with our Classified pages.



The Med + Plus Rehab Difference

**Rick McMillin, of St. Robert, Has Lost
10 1/2 Inches and 43 Pounds**



"When I saw this picture that my son took, I knew I was turning into a bowl of mashed couch potatoes!"



"I've lost weight many times in my life. This is the best program I have ever been involved with. They support you every week, and set goals with you that you can realistically reach!"

**Before Body Fat %
37%
286 LBS.**

**Height: 5'6"
43 LBS. Lost
10 1/2 Inches Lost
Ideal Fat%: 8-15%
Ideal Fat Lbs: 22-41 LBS.**

**Now Body Fat %
33.3%
243 LBS.**

Medically Supervised Program • Safe And Effective

Med + Plus Rehab

573-336-7655



394 Old Rt. 66 • St. Robert



RED, WHITE & BLUE Truck Load Sale

27 May to 1 June 1997

PX Parking Lot • 900 am to 1700

General Tire

Firestone

BFGoodrich
Tires

MICHELIN

GOOD YEAR

THINK TIRES - WE DO!!!

**FREE
BALANCING**

When You Have Your
Vehicle Aligned. We Will
Balance Your Tire Free
1 May - 1 June

**25% Off
BRAKE SERVICE**

Save 25% On
Brake Service
(2 or 4 Wheel)
1 May - 1 June

**\$13.95
LUBE-OIL-
FILTER CHANGE**

(Reg. \$17.95
1 May - 1 June)



MAFES TM

**Fort Leonard Wood
Service Station**
329-3373

Retail Store
Service Bay
Mon.-Fri. 0800-1800
Sat. 0800-1600
Sun. 1000-1600

Gasoline Lanes
Mon.-Fri. 0800-1900
Sat. 0800-1900
Sun. 1000-1600

Dental enrollees don't reap benefits

By Douglas J. Gillert
American Forces Press Service

Defense health officials are concerned that service families in family dental care plans aren't actively participating in the program.

"Eighty-six percent of active duty service members have enrolled in the plan," said Air Force Dr. (Col.) Marvin Bennett. "Unfortunately, only approximately 47 percent of those enrolled use the benefit."

The DoD consultant for dentistry said those who pay the monthly premium but don't follow up with an active dental care program miss out on one of the best dental plans available. "The family dental care program is extremely beneficial, comprehensive and affordable," Bennett said.

The plan, administered by United Concordia Colleges, Inc., costs \$7.19 a month for one and \$17.95 a month for two or more. It covers spouses and children of active duty service members. DoD provides free health care to members. In addition to paying monthly premiums — automatically deducted from the service member's gross pay — enrollees receive two examinations, two cleanings,

fluoride treatment and X-rays free of charge. For other services, they're charged co-payments that range from 20 percent to 50 percent of total costs. The plan covers costs up to \$1,000 a year for routine dental care and \$1,200 lifetime for orthodontic care. The contract allows United Concordia to raise the basic premium 5-6 percent annually, Bennett said.

The contract also stipulates network providers be certified by the American Dental Association, be within 35 miles of patients' homes and be able to see and treat patients within 21 days of their request.

United Concordia manages a preferred provider network of 47,000 dentists nationwide, Bennett said. In addition, Congress is considering allowing DoD to expand the benefit to families based overseas, to include waiving co-payments, already a provision of DoD medical care overseas. Bennett said he hopes the overseas plan will be implemented Aug. 1.

There are likely several reasons people don't use the plan after signing up for it, Bennett said. "I think there's a natural fear of dentists," he said, admitting his own long history of dental treat-

ment and reluctance to make "the next appointment." "Let's face it," he said, "it's not fun having someone work in your mouth and cause pain." Modern dental medicine has, however, removed much of the pain of having one's teeth worked on, Bennett said.

He said he also believes people forget they've signed up and to take an active role in their dental health.

"Information about the dental plan is briefed at every DoD installation's newcomers orientation," Bennett said, "so I know people are aware of the benefit. Plus, the 86 percent who've signed up reflect the level of participation in private sector dental plans. Of course, we'd like to see higher enrollment and much higher participation. Good dental health is important to overall health, appearance and overall quality of life."

"By paying a comparatively low price for routine, preventive dental care," Bennett said, "people are more comfortable, their teeth are more attractive, and they're less likely to have higher cost dental problems in the future. The DoD family dental care plan gives service families an extremely affordable, attractive program for good dental health."

AUSA essay contest

The Association of the United States Army has announced its 4th annual Army magazine essay contest.

The essay must address important issues concerning the U.S. Army. AUSA's suggested topics are:

What should be the balance between precision fire and dominant maneuver forces?

The value of an overseas presence and the kind of presence needed.

Are we overdoing the zero-casualty concept in terms of military missions and structure?

Chemical and biological defense-threat, doctrine and need.

What are vital national interests for which the United States should use military forces?

Infrastructure streamlining and the increased use of contracting.

Three essays will be selected for cash prizes and publication in ARMY Magazine. Anyone is eligible to enter, except employees of AUSA. First prize is \$1,000.

second \$500, and third \$250.

Essays will be judged by a board of national security and land power experts. Judging will measure overall quality, scholarship and analysis of the subject. Essays must stress analysis and interpretation, not exposition, personal narrative or report.

Essays must be original and must not exceed 2,000 words, and should not be submitted elsewhere. Essays should be written by individuals, no co-authors, groups, task forces or committees.

All entries should be sent to Editor, ARMY Magazine, Box 1560, Arlington, VA 22210 ATTN: Essay Contest, and must be postmarked no later than May 30. For information call Joni Shell at (703) 841-4300 ext 362.

Essays must be typewritten, double-spaced on 8 1/2 x 11 paper. Submit three copies of the essay. Include a two- or three-sentence synopsis of the essay on a cover sheet and include a sealed envelope with the author's name, brief biographical sketch, Social Security number, address, day and night commercial telephone numbers, and the same two- or three-sentence synopsis that appears on the cover sheet.

**Ride In For A Great Deal
And A Lot Of Fun During
Our Western Days Sale**

**Thursday, May 15th
Friday, May 16th &
Saturday, May 17th**

**\$2,000 Rebates
On Nissan Trucks**

**FREE!!!
Bar-B-Que by Phelps
County Cattlemen's
Assoc. begins
Saturday at 11am.
Live Remote 11-3**

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